

AL. 1.1287  
C.2

---

# Health and Safety on the Job

## Audio-Visual Catalogue 1992

CANADIANA

MAR 31 1992

The logo for the province of Alberta, featuring the word "Alberta" in a stylized, bold, sans-serif font. The letter "A" is unique, with a vertical bar extending upwards from its left side.

OCCUPATIONAL HEALTH AND SAFETY  
Library Services Branch





## FOREWORD

The mission of Alberta Occupational Health and Safety is to enhance the health and safety of Alberta's workers. The Audio Visual Service lends films and videos on aspects of workplace health and safety in support of this mission.

The collection consists of audio visual material from Canadian, American, British and other sources. Although some of these films/videos are based on legislation in jurisdictions other than Alberta, the effectiveness of the material is rarely diminished.

These materials are available for loan to any worker or workplace in Alberta. The Audio Visual Service is part of Library Services which provides information and publications on occupational health and safety issues to Albertans.

Audio-Visual Services  
427-4671  
Library Services  
427-3530  
6th Floor, 10709 Jasper Ave  
Edmonton, Alberta  
T5J 3N3

FAX: 427-5698

January 1992





## TABLE OF CONTENTS

Borrowing Instructions .....	5
Using the Catalogue .....	5
Conditions for Borrowing .....	7
Shipping Arrangements .....	9
Subject Index .....	11
Film/Video Descriptions .....	23



Digitized by the Internet Archive  
in 2016

[https://archive.org/details/healthsafetyonjo00albe\\_2](https://archive.org/details/healthsafetyonjo00albe_2)

## BORROWING INSTRUCTIONS

### Obtaining Audio-Visual Materials

1. Audio-visual materials may be booked by phone, mail or in person.
2. **A minimum of one (1) week's notice** is required for booking. Exceptions will be considered, depending on availability.
3. You will be notified if your request cannot be met.
4. To help borrowers plan for safety meetings, bookings are accepted up to one year in advance.

## USING THE CATALOGUE

1. There is a subject index to assist you in finding material.
2. The last section of the catalogue lists titles in alphabetical order and includes:
  - (a) Title
  - (b) Date of release (if available)
  - (c) Format (1/2 inch VHS, 3/4 inch U-Matic, Beta or 16mm films)
  - (d) Running time
  - (e) Colour or black and white
  - (f) A description of the content of the film or video





## CONDITIONS FOR BORROWING

1. A maximum of three (3) films/videos may be borrowed at any one time.
2. The lending period is two (2) weeks, including shipping time. (see Shipping Arrangements, Page 9)
3. Films/videos **must** be returned on the date noted on the packing slip. This enables us to keep our commitments to other borrowers. If there is no other booking for the material, one week extensions are possible (call 427-4671).
4. The name of the individual requesting the audio-visual materials will be our contact person and is responsible in the event of damage, loss or delay.
5. Please advise us in advance if you wish to cancel your booking.
6. All films and videos must be **rewound** and returned in matching case.
7. All videos **must** be returned in **PADDED ENVELOPES OR SMALL BOXES.**
8. Audio-visual materials are only loaned within Alberta.
9. Borrowers who return audio-visual materials late twice (ie. after the due date) in a three (3) month period will be subject to a four (4) month suspension of their **organization's** borrowing privileges.
10. Any defects or breaks are to be noted. Please **do not** attempt to repair a damaged film/video. Audio-Visual Services has the proper facilities and equipment to make necessary repairs.
11. All films/videos in this catalog are protected by copyright. Anyone making copies of films/videos will be in violation of copyright law.



## SHIPPING ARRANGEMENTS

1. It is the responsibility of borrowers within the Edmonton area to pick up and return audio-visual materials to Audio-Visual Services, Alberta Occupational Health and Safety, 6th Floor, 10709 - Jasper Ave Edmonton. Hours of operation are 7:55 a.m. to 5:00 p.m. Monday - Friday.
2. Audio-visual materials will be shipped **by courier**. Borrowers must return materials in the same way. Courier charges are the responsibility of the borrower.
3. **DO NOT USE THE POSTAL SERVICE.** The postal service cannot guarantee next day delivery. Also, items sent by mail cannot be traced if lost. Anyone sending films/videos through the mail will be subject to a four (4) month suspension. You can, however, return materials by Priority Post or Expedited service as these services can trace lost items.
4. Reverse the mailing label to return materials.
5. All video tapes **MUST** be returned in **Padded Envelopes or Small Boxes**.





## **SUBJECT INDEX**

### **ACCIDENT INVESTIGATION**

ACCIDENT INVESTIGATION .....	OHS VC 0163
AROUND EVERY CORNER - A NEED FOR PLANNED SAFETY INSPECTIONS .....	OHS 181/VC 0026
HIDDEN COSTS OF ACCIDENTS .....	OHS VC 0182
HOW TO INVESTIGATE AN INDUSTRIAL ACCIDENT .....	OHS VC 0102
NOT BY ACCIDENT: A LOGICAL LOOK AT ACCIDENT INVESTIGATION .....	OHS 176
SO IT WON'T HAPPEN AGAIN .....	OHS VC 0089

### **AIDS**

AN EPIDEMIC OF FEAR: AIDS IN THE WORKPLACE .....	OHS VC 0131
--	-------------

### **AIR QUALITY**

AIR SAMPLING .....	OHS VC 0115
VENTILATION .....	OHS VC 0114

### **ASBESTOS**

"ASBESTOS" - A LETHAL LEGACY .....	OHS VC 0031
ASBESTOS: SMALL-SCALE, SHORT DURATION ACTIVITIES .....	OHS VC 0148
NEGATIVE AIR FILTRATION SYSTEMS AT ASBESTOS ABATEMENT SITES .....	OHS VC 0051
TESTING BUILDINGS FOR ASBESTOS HAZARDS .....	OHS VC 0053

### **BACK CARE/LIFTING**

BACK INJURY PREVENTION THROUGH ERGONOMICS .....	OHS VC 9020
BACK TALK .....	OHS VC 0096
BEND YOUR KNEES .....	OHS 142
BODY MECHANICS .....	OHS VC 0137
ERGONOMICS AT WORK .....	OHS VC 0043
FITNESS FOR BACKS .....	OHS VC 0101
I AM JOE'S SPINE .....	OHS 45
LOW BACK PAIN .....	OHS 173
MIND YOUR BACK .....	OHS 165
MINIMIZING BACK STRAIN .....	OHS VC 0078

## **BACK CARE/LIFTING (CON'T)**

NEW WAY TO LIFT (A) .....	OHS 56
SAFE MOVES: THE ART OF PATIENT TRANSFER .....	OHS VC 0141
SAFETY MEETING SERIES .....	OHS VC 0059
SHAPING UP: AVOIDING BACK INJURIES .....	OHS VC 0060
UNDERSTANDING THE WORKING BACK .....	OHS VC 0109
WORKING BACK (THE) - Part 1, 2 & 4 .....	OHS 137
YOUR BACK AT WORK .....	OHS VC 0192

## **BREATHING APPARATUS**

BREATHE SAFE, BREATHE CLEAN .....	OHS 151
BREATHING YOURSELF TO DEATH: LUNG HAZARDS .....	OHS VC 0097
RESPIRATORY PROTECTION .....	OHS VC 0168
RESPIRATORY SAFETY .....	OHS VC 0186
TWO BREATHES TO... ..	OHS VC 0126

## **CHEMICAL HAZARDS**

ACID RAIN .....	OHS VC 0010
BASIC SAFETY FOR PESTICIDE APPLICATORS .....	OHS VC 0185
CHEMICAL BURNS TO THE EYES AND SKIN .....	OHS 217
CHEMICAL PROPERTIES - Module D .....	OHS VC 0019
CHEMICAL SAFETY PART I - III .....	OHS VC 0133
CHEMICALS UNDER CONTROL .....	OHS VC 0095
CHLORINE: TREAT WITH RESPECT .....	OHS VC 0194
CONTROLLING EXPOSURE TO TOXIC SUBSTANCES .....	OHS VC 0070
HEALTH MATTERS AT WORK .....	OHS VC 0106
IF YOU ONLY KNEW .....	OHS 183
INTRODUCTION TO W.H.M.I.S. ....	OHS VC 0134
IT HAPPENED TO ME, IT COULD HAPPEN TO YOU .....	OHS VC 0157
JOB WELL DONE (A) - CHEMICAL HANDLING .....	OHS VC 9021
LEAD IN THE WORKPLACE .....	OHS VC 9019
MSDS "AT YOUR FINGERTIPS - UNDERSTANDING MATERIAL SAFETY DATA SHEETS" .....	OHS VC 9017
MSDS: THE FIRST STEP TO CHEMICAL SAFETY .....	OHS VC 0129
PCBs: OLD FEARS, NEW FACTS .....	OHS VC 0107
RIGHT TO KNOW - WORKING AROUND HAZARDOUS SUBSTANCES .....	OHS VC 0067
SAFETY IN THE CHEMISTRY LABORATORY .....	OHS VC 0136
TO YOUR HEALTH - INTRODUCTION TO HEALTH HAZARD COMMUNICATION .....	OHS VC 9018
TOLUENE/XYLENE .....	OHS VC 0048
W.H.M.I.S .....	OHS VC 0130
W.H.M.I.S - READ THE LABEL ITS THE LAW .....	OHS VC 0135



## **CHEMICAL HAZARDS (CON'T)**

W.H.M.I.S. - WORKING FOR YOU .....	OHS VC 0142
WINNING LABEL .....	OHS VC 0180
WORKING WITH ISOCYANATES .....	OHS VC 9022

## **COMPRESSED GASES**

CHLORINE: TREAT WITH RESPECT .....	OHS VC 0194
COMPRESSED GAS - UNDER YOUR CONTROL .....	OHS 161
HANDLING COMPRESSED GAS CYLINDERS .....	OHS VC 0167

## **CONFINED SPACES**

CONFINED SPACE ENTRY - DO IT RIGHT STAY ALIVE .....	OHS VC 0118
CONFINED SPACE SAFETY PART 1 - 3 .....	OHS VC 0124
FOUR MINUTES TO SURVIVAL .....	OHS 209
IS THERE ANYTHING I HAVE FORGOTTEN? .....	OHS 147

## **CONSTRUCTION**

### **CONSTRUCTION (GENERAL)**

BELT/HARNESS DROP COMPARISON .....	OHS VC 0151
LADDER/LADDER TRUCK RESCUE .....	OHS VC 0147
LADDERS AND SCAFFOLDS .....	OHS VC 0087
ON TARGET WITH LADDERS .....	OHS VC 0044
SCAFFOLDS .....	OHS VC 0122
SITE ORIENTATION .....	OHS VC 0045
TOWER SAFETY LADDER .....	OHS 74
WHAT'S IT GOING TO COST YOU? .....	OHS 171

### **EQUIPMENT (HEAVY)**

ARTICULATED LOADER SAFETY - OPERATION AND MAINTENANCE ..	OHS VC 0173
BREAKOUT .....	OHS VC 0017
CHILD'S PLAY .....	OHS VC 0011
CRAWLER SAFETY - OPERATION AND MAINTENANCE .....	OHS VC 0160
FORKLIFT SAFETY - INSPECTING FOR SAFETY .....	OHS VC 0120
FORKLIFT SAFETY - OPERATING SAFELY .....	OHS VC 0119
IT ALWAYS HAPPENS TO THE OTHER GUY .....	OHS 41
LOADER/BACKHOE SAFETY - OPERATION AND MAINTENANCE ....	OHS VC 0175
ROUGH TERRAIN FORKLIFT SAFETY - OPERATION & MAINTENANCE .	OHS VC 0159
SAFETY ON THE JOB: FORKLIFT OPERATION .....	OHS VC 0153
SHAKE HANDS WITH DANGER .....	OHS 157
SKID STEER SAFETY - OPERATION AND MAINTENANCE .....	OHS VC 0177
TRENCHER SAFETY - OPERATION AND MAINTENANCE .....	OHS VC 0176

## **ROOFING**

### **SUPERVISION IN CONSTRUCTION**

BASIC MANAGEMENT SKILLS .....	OHS VC 0046
HIGH LOW BID .....	OHS 30
RETURN OF MILTON WHITTY (THE) .....	OHS 70

### **CRANE OPERATIONS/RIGGING**

CONTROL FACTOR .....	OHS 175
CRANE SAFETY .....	OHS VC 0116
HAND OPERATED HOISTS .....	OHS VC 0083
HOISTS, WINCHES AND RELATED DEVICES .....	OHS VC 0127
POWER OPERATED HOISTS .....	OHS VC 0084
RIGGING EQUIPMENT OVER THE FLOOR .....	OHS VC 0085
RIGGING: WIRE ROPE SLINGS .....	OHS VC 0086

## **DUST**

BREATHING YOURSELF TO DEATH; LUNG HAZARDS .....	OHS VC 0097
LIVING WITH DUST .....	OHS 186
SOMETHING IN THE AIR .....	OHS VC 7030

### **ELECTRICAL SAFETY/STATIC ELECTRICITY**

ELECTRICAL SAFETY .....	OHS VC 0100
INVISIBLE ENEMY - STATIC ELECTRICITY .....	OHS VC 04
LOCKOUT PROCEDURES .....	OHS VC 0112
LOCKING OUT ACCIDENTS .....	OHS VC 0103
ONE LAST SHOCK .....	OHS 154
OPERATORS (THE) .....	OHS 191/VC 0108
PATH OF LEAST RESISTANCE (THE) .....	OHS VC 0093
SOLVING THE MYSTERY: STATIC ELECTRICITY .....	OHS VC 0195
TOWER RESCUE .....	OHS VC 0041

## **ERGONOMICS**

BACK INJURY PREVENTION THROUGH ERGONOMICS .....	OHS VC 9020
CARPAL TUNNEL: GETTING A GRIP .....	OHS VC 0069
CUMULATIVE TRAUMA: REDUCING THE RISK .....	OHS VC 0199
FINEST TOOLS .....	OHS VC 0088
OFFICE ERGONOMICS .....	OHS VC 0123
RIGHT MOVES: ERGONOMICS IN THE WORKPLACE (THE) .....	OHS VC 0158

## **FALL PREVENTION/HOUSEKEEPING**

DON'T FALL FOR IT: PREVENTING SLIPS, TRIPS AND FALLS .....	OHS VC 0150
DOWN AND OUT .....	OHS 136
FILE IT UNDER FALLS, MISS KING .....	OHS 19
GOOD HOUSEKEEPING .....	OHS VC 0162
HOUSEKEEPING MEANS SAFEKEEPING .....	OHS 28
KITCHEN SAFETY - PREVENTING FALLS .....	OHS 47
SLIPS, TRIPS, AND FALLS .....	OHS VC 0155
SLIPS, TRIPS, AND FALLS .....	OHS VC 0187
YOUR HOUSE IN ORDER .....	OHS 130

## **FIRST AID**

COLD CAN KILL .....	OHS 150
NECK PAIN .....	OHS 200

## **FOREST INDUSTRIES**

CHAIN SAW .....	OHS VC 02
CHAIN SAW SAFETY .....	OHS VC 0071
COMPETITION (THE) .....	OHS VC 0138
EVERY TWELVE SECONDS .....	OHS VC 0140
INTRODUCTION TO SAWMILLS .....	OHS VC 0165
MODERN SKIDDING .....	OHS 54
ROUND TRIP TO DANGER .....	OHS 67
SAFETY IN THE WOODS - CHAIN SAW SAFETY .....	OHS VC 0178
SAWMILLS - DOES SAFETY COST AN ARM AND A LEG? .....	OHS VC 03

## **HOSPITAL SAFETY**

AGGRESSION IN THE ELDERLY: APPROACH WITH CARE .....	OHS VC 0169
CHEMOTHERAPY: RISKS AND REMEDIES .....	OHS VC 0099
ETHYLENE OXIDE IN HOSPITALS: MYTHS, FACTS, AND SAFETY .....	OHS VC 0038
HOSPITAL ACCIDENT PREVENTION .....	OHS 162
R <sub>x</sub> SAFETY .....	OHS 72
SAFE MOVES: THE ART OF PATIENT TRANSPORT .....	OHS VC 0141
TAKING CARE: THE HAZARDS OF HEALTH CARE WORK .....	OHS VC 0063



## **HYDROGEN SULFIDE - TOXIC GASES**

AND THEN THERE WERE TWO .....	OHS 208
DON'T LET IT GET YOU DOWN - HYDROGEN SULFIDE .....	OHS VC 0055
LUCKY ONES (THE) .....	OHS VC 0074
THREE MINUTES TO LIVE .....	OHS 104
WCB'S WILD WORLD OF RESCUE .....	OHS 121
WHITE RAT DEMONSTRATION - H <sub>2</sub> S .....	OHS VC 01

## **HYPOTHERMIA**

COLD CAN KILL .....	OHS 150
HYPOTHERMIA .....	OHS VC 0125

## **KITCHEN (INSTITUTIONAL) SAFETY**

KITCHEN AND CANTEEN SAFETY .....	OHS VC 0190
KITCHEN SAFETY - PREVENTING BURNS .....	OHS 48
KITCHEN SAFETY - PREVENTING FALLS .....	OHS 47

## **LABORATORY SAFETY**

NOBODY'S PERFECT .....	OHS 164
SAFETY IN THE CHEMISTRY LABORATORY .....	OHS VC 0136
"SAFETY, ISN'T IT WORTH IT?" .....	OHS 225
28 GRAMS OF PREVENTION: SAFETY FOR TODAY'S LABORATORY .....	OHS 211

## **MANAGEMENT & SUPERVISION**

BASIC MANAGEMENT SKILLS .....	OHS VC 0046
HIDDEN ADVANTAGE .....	OHS 156
HOW TO CONDUCT A SAFETY MEETING: A PART OF YOUR JOB ....	OHS VC 0166
MAKING THE PIECES FIT .....	OHS 207/VC 0090
REWARDS AND CONSEQUENCES: SUPERVISING SAFETY BY POSITIVE RECOGNITION .....	OHS VC 0149
SEARCH FOR SAFETY: DOING JOB SAFETY ANALYSIS .....	OHS 180
SITE ORIENTATION .....	OHS VC 0045
SUPERVISING SAFETY - YOU MAKE THE DIFFERENCE .....	OHS VC 0054
SUPERVISOR'S SAFETY MEETING - A GUIDE FOR SAFETY ACCOUNTABILITY .....	OHS 204
THINKING THROUGH SAFETY .....	OHS 206

## **MATERIAL HANDLING**

DEALING WITH MANUAL HANDLING .....	OHS VC 0160
FORKLIFT SAFETY - INSPECTING FOR SAFETY .....	OHS VC 0120
FORKLIFT SAFETY - OPERATING SAFELY .....	OHS VC 0119
LOW LIFT TRUCKS .....	OHS VC 0164
ROUGH TERRAIN FORKLIFT SAFETY: OPERATION AND MAINTENANCE	OHS VC 0159
SAFETY ON THE JOB: FORKLIFT OPERATION .....	OHS VC 0153

## **MEAT PACKING**

I NEVER HAD AN ACCIDENT ON THE	
JOB IN MY LIFE .....	OHS 38
SLAUGHTER THE BEAST - NOT THE MAN .....	OHS 90

## **MINING**

COAL MINE SAFETY .....	OHS VC 0012
RIB CONTROL AROUND MINE ENTRIES .....	OHS VC 0057
STRATA CONTROL AROUND MINE ENTRIES .....	OHS 1/VC 0021

## **OCCUPATIONAL DISEASES**

CARPAL TUNNEL: GETTING A GRIP .....	OHS VC 0069
CAUSES AND PREVENTION OF INDUSTRIAL	
SKIN DISEASES .....	OHS VC 0098
CUMULATIVE TRAUMA: REDUCING THE RISK .....	OHS VC 0199
FINEST TOOLS (THE) .....	OHS VC 0088
OCCUPATIONAL MEDICAL SURVEILLANCE .....	OHS VC 0170
TWENTIETH CENTURY DISEASE .....	OHS VC 0014

## **OFFICE SAFETY**

FILE IT UNDER FALLS, MISS KING .....	OHS 19
IT'S NO LAUGHING MATTER .....	OHS VC 09
OFFICE SAFETY .....	OHS VC 0188
OFFICE SAFETY: THE THRILL SEEKERS .....	OHS VC 0028
SLIPS, TRIPS AND FALLS .....	OHS VC 0188
TO SEE ANOTHER DAY .....	OHS VC 0082
YOU AND OFFICE SAFETY .....	OHS 129

## **OIL & GAS INDUSTRY**

BONNET BOLTS AND ACTUATORS .....	OHS VC 0066
IT AIN'T EASY .....	OHS 138
LIVES ON THE LINE .....	OHS VC 0091
NEVER SAY DIE .....	OHS 187
PLANT LIFE: SAFETY ON THE JOB SITE .....	OHS VC 0092

## **PROTECTIVE EQUIPMENT**

### **EYE PROTECTION**

CAPTAIN SAFETY - YOUR SAFETY GLASSES .....	OHS VC 0073
EYE EMERGENCY .....	OHS 192
HANDS - EYES - FEET .....	OHS 16
JUST ONCE .....	OHS 46
SAVING SIGHT .....	OHS VC 0079
SEE FOR YOURSELF .....	OHS VC 0094
YOU BET YOUR EYES .....	OHS 215

### **FOOT PROTECTION**

FOOT SAFETY .....	OHS VC 0191
HANDS - EYES - FEET .....	OHS 16
SAFETY GEAR: FOOT PROTECTION .....	OHS VC 0184

### **HAND PROTECTION**

HAND SAFETY .....	OHS VC 0128
HAND SAFETY .....	OHS VC 0154
HANDS - EYES - FEET .....	OHS 16
TWO HANDS - TEN FINGERS .....	OHS VC 08

### **HEARING PROTECTION**

CAN YOU HEAR ME? .....	OHS 224
HEAR TO DAY, GONE TOMORROW:	
HEARING CONSERVATION PROGRAM .....	OHS VC 0143
HEARING PROTECTION: A SOUND PRACTICE .....	OHS VC 0193
HEARING SAFETY .....	OHS VC 0077
NICE TO HEAR .....	OHS 139
PROTECTING YOUR HEARING IN A NOISY WORLD .....	OHS VC 0110
S.O.S .....	OHS 140

### **INDUSTRIAL HEAD PROTECTION**

HEAD PROTECTION .....	OHS VC 0161
SAFETY GEAR: HEAD PROTECTION .....	OHS VC 0200



## **PERSONAL PROTECTION (GENERAL)**

IT NEED NOT HAPPEN .....	OHS 178
HIDDEN HAZARDS: RESPIRATORY PROTECTION FOR WELDERS ...	OHS VC 0171
JOB WELL DONE (A): CHEMICAL HANDLING .....	OHS VC 9021
MATTER OF SECONDS (A) .....	OHS VC 0105
PERSONAL PROTECTION .....	OHS 158
RESPIRATORY PROTECTION .....	OHS VC 0168
RESPIRATORY SAFETY .....	OHS VC 0186
SAFETY BELTS .....	OHS 84
SAFETY FOR THE NEW EMPLOYEE .....	OHS VC 0080
SAFETY MEETING SERIES .....	OHS VC 0059
TWO BREATHERS TO... ..	OHS VC 0126

## **RADIATION**

RADIATION NATURALLY .....	OHS VC 0056
RADIATION SAFETY .....	OHS VC 0183

## **REHABILITATION**

ROAD TO RECOVERY .....	OHS 68
------------------------	--------

## **SAFETY ATTITUDE**

CHOICE IS YOURS (THE) .....	OHS 179
EVERY TWELVE SECONDS .....	OHS VC 0140
IF YOU ONLY KNEW .....	OHS 183
IT HAPPENED TO ME, IT COULD HAPPEN TO YOU .....	OHS VC 0157
SAFETY ATTITUDES .....	OHS 118
SIMPLE CHOICE (A) .....	OHS 153
THERE'S NO EXCUSE .....	OHS 203

## **SAFETY (GENERAL)**

ACTS AND OMISSIONS .....	OHS VC 0156
AGGRESSION IN THE ELDERLY: APPROACH WITH CARE .....	OHS VC 0169
BASIC SAFETY FOR PESTICIDE APPLICATORS .....	OHS VC 0185
BATTERY BOOSTING .....	OHS VC 0065
BLINDMAN'S BLUFF .....	OHS VC 0081
DAILY MAINTENANCE AND OPERATING PROCEDURES FOR TRACKED VEHICLES .....	OHS VC 0049
DANGER AT WORK .....	OHS VC 0032
DEALING WITH MANUAL HANDLING .....	OHS VC 0160
FIRE RESISTANT HYDRAULIC FLUIDS .....	OHS VC 0013

## **SAFETY (GENERAL) CON'T**

HEIMLICH MANEUVER (THE) .....	OHS 219
HIDDEN COST OF ACCIDENTS .....	OHS VC 0182
HOW TO CONDUCT A SAFETY MEETING: A PART OF YOUR JOB ....	OHS VC 0166
IF YOU HEAR THE EXPLOSION, THE DANGER IS PAST .....	OHS 134
IT HAPPENED TO ME, IT COULD HAPPEN TO YOU .....	OHS VC 0157
LADDER/LADDER TRUCK RESCUE .....	OHS VC 0147
LUCKY ONES (THE) .....	OHS VC 0074
OCCUPATIONAL MEDICAL SURVEILLANCE .....	OHS VC 0170
PLANT LIFE: SAFETY ON THE JOBSITE .....	OHS VC 0092
SAFETY AND THE YOUNG WORKER .....	OHS VC 0181
SAFETY AUDIT (THE): EVALUATING YOUR HEALTH AND SAFETY PROGRAM .....	OHS VC 0104
SAFETY EVERYONE'S BUSINESS .....	OHS 155
SAFETY FOR THE NEW EMPLOYEE .....	OHS VC 0080
SAFETY ON THE JOB: ACCIDENT CAUSES AND PREVENTION .....	OHS VC 0058
SHIFTWORK: HOW TO COPE .....	OHS VC 0139
SMOKING AGAINST YOUR WILL .....	OHS VC 0062
STANDARD OPERATING PROCEDURES .....	OHS VC 0121
TAKE TIME TO BE SAFE .....	OHS 101
TAXI COMBINED SERVICE .....	OHS VC 0042
TAXI DRIVER SAFETY PROGRAM .....	OHS VC 0152
TIPS FOR NEW EMPLOYEES .....	OHS VC 0061
UNDERSTANDING STRESSES AND STRAINS .....	OHS 172/VC 0172
WITH SAFETY: EVERYBODY WINS .....	OHS VC 0146
WORKERS' AT RISK SERIES .....	OHS VC 0189

## **SAFETY COMMITTEES**

TALKING OF SAFETY .....	OHS 159/VC 0198
-------------------------	-----------------

## **SHOP SAFETY/MACHINE GUARDING**

GRINDING WHEEL SAFETY .....	OHS VC 0076
HAND TOOLS .....	OHS VC 0064
IT ONLY TAKES A MINUTE .....	OHS 114
MACHINE HAZARD AWARENESS .....	OHS VC 0117
POWER AND HAND TOOL SAFETY .....	OHS VC 0132
SAFETY ON THE JOB: WORKING WITH MACHINERY .....	OHS VC 0111

## **TRENCHING & EXCAVATION**

ENTRENCHING SAFETY .....	OHS VC 0144
TRENCHING SAFETY - OPERATION AND MAINTENANCE .....	OHS VC 0176
TRENCHING: A GRAVE AFFAIR .....	OHS VC 0016

## **TRUCK DRIVING**

COACHING THE PROFESSIONAL TRUCK DRIVER .....	OHS VC 0068
--	-------------

## **VIDEO DISPLAY TERMINALS (VDT'S)**

VIDEO DISPLAY TERMINAL AND YOU .....	OHS VC 0196
VIDEO DISPLAY TERMINALS...THE HUMAN FACTOR .....	OHS 198

## **WELDING**

HIDDEN HAZARDS: RESPIRATORY PROTECTION FOR WELDERS ....	OHS VC 0171
OXYACETYLENE SAFETY .....	OHS 195
SUPERWELDER .....	OHS VC 0024
WELDING HAZARDS - PART 1 - 5 .....	OHS VC 0072





**FILM/VIDEO DESCRIPTION**



OHS VC 0163

**ACCIDENT INVESTIGATION**

20 min. Colour 1989  
1/2" VHS

This video demonstrates that determining the cause of an accident is the only real way to prevent a similar accident from happening again. It teaches accident investigation techniques used by experts and details management's responsibility in preventing accidents.

Produced By: Summit Training Source

OHS VC 0156

**ACTS AND OMISSIONS**

28 min. Colour 1985  
1/2" VHS

The program follows the conversations, feelings, emotions and actions of five employees, each of whom had a personal responsibility for safety.

Produced By: Canadian Learning Company

OHS VC 0169

**AGGRESSION IN THE ELDERLY: APPROACH WITH CARE**

20 min. Colour 1990  
1/2" VHS

This safety program was developed on the subject of preventing and managing the aggressive behaviour of long term care facility residents. Four topics addressed in the program are poor communication, learned behaviour, physiological changes, and life stages.

Produced By: Alberta Extended Care Safety Council

OHS VC 0115

**AIR SAMPLING**

12 min. Colour 1987  
1/2" VHS

This video gives a basic understanding of occupational health issues in the workplace resulting from contaminated air. Some of the topics covered are: what air sampling means, how to recognize the need for air sampling, the legal requirements for air testing when hazardous substances are used, recognizing the need for monitoring workers and the need to plan an air sampling program.

Produced By: Industrial Accident Prevention Association of Ontario

## FILM/VIDEO DESCRIPTIONS

OHS 208

### **AND THEN THERE WERE TWO**

25 min. Colour 1980?  
16 mm Film

This is a fictional account of an incident in which a wrench is dropped in a sulphuric acid plant. Although the situation is particular, it is the kind of accident that can happen in any industry. The intent of the film is to spark audiences into discussion and to develop a safety conscious attitude.

Produced By: Millbank Films

OHS 181  
and

OHS VC 0026

### **AROUND EVERY CORNER - A NEED FOR PLANNED SAFETY INSPECTIONS**

16 min. Colour 1981  
1/2" VHS; 16 mm Film

A planned general safety inspection is important. This film illustrates that seeking out safety hazards should be a well planned, well thought out process for supervisors

Produced By: Educational Resources Foundation

OHS VC 0173

### **ARTICULATED LOADER SAFETY - OPERATION AND MAINTENANCE**

18 min. Colour 1983  
1/2" VHS

This two part video illustrates a step-by-step operating procedure with an emphasis on safety. It also concentrates on service and scheduled maintenance to keep the machines in reliable operating condition.

Produced By: JI Case

OHS VC 0031

### **"ASBESTOS" - A LETHAL LEGACY**

20 min. Colour 1983  
1/2" VHS

This dramatic video discusses the use of asbestos and its effects on the worker. Using individual case studies the film depicts the various diseases caused by asbestos and how these diseases affect the worker and the family.

Produced By: British Broadcasting Corporation



OHS VC 0148

**ASBESTOS: SMALL-SCALE, SHORT-DURATION ACTIVITIES**

17 min. Colour 1987

1/2" VHS

This two-part program is designed to instruct employees about the work procedures to follow when working with asbestos. The program covers preliminary precautions and appropriate work practices for jobs involving asbestos found in pipe insulation, flange gaskets, pump and valve packing, and insulation above drop ceilings. The importance of using wet methods is emphasized. Both the glove bag and non-glove bag techniques are demonstrated.

Produced By: Industrial Training Systems Corporation

OHS VC 9020

**BACK INJURY PREVENTION THROUGH ERGONOMICS**

15 min. Colour 1983

1/2" VHS

Back injuries impact greatly on industrial productivity. This video describes integrated programs that through simple engineering can be beneficial to any company.

Produced By: National Safety Council

OHS VC 0096

**BACK TALK**

19 min. Colour 1982

1/2" VHS

Presented in an entertaining way, this is an educational look at back problems and how to avoid them. It provides a description of the structure of the back and how it can be affected by posture, lifting techniques, and excess weight.

Produced By: Workers' Compensation Board of British Columbia

OHS VC 0046

**BASIC MANAGEMENT SKILLS**

45 min. Colour 1985

1/2" VHS

Beta

3/4" U-Matic

This video is aimed at front line supervisors. It illustrates three basic skills for management.

Produced By: Alberta Construction Association

## FILM/VIDEO DESCRIPTIONS

**OHS VC 0185      BASIC SAFETY FOR PESTICIDE APPLICATORS**

10 min. Colour 1990

1/2" VHS

This video provides information on basic pesticide safety. It is the pesticide applicator's job to ensure the pesticide is used effectively and safely. The time you spend to develop your safety program is an investment in the health and safety of your employees.

Produced By: Abraxas Communications Ltd

**OHS VC 0065      BATTERY BOOSTING**

5 min. Colour 1986

1/2" VHS

This video describes simple procedures for boosting a battery.

Produced By: Unknown

**OHS VC 0151      BELT/HARNESS DROP COMPARISON**

11 min. Colour 1988

1/2" VHS

This video provides a comparison of various types of fall-arresting equipment.

Produced By: Carrying Industries

**OHS 142      BEND YOUR KNEES**

22 min. Colour 1978

16 mm Film

This is a basic motivational and instructional film on back injury control. The film features Leonard Ring, an authority on manual lifting and back injury. Mr. Ring uses a model and audio-visual aids to explain the source and causes of back injury and he stresses the importance of a single method to avoid back injury: bend your knees.

Produced By: Industrial Accident Prevention Association of Ontario

OHS VC 0081

**BLINDMAN'S BLUFF**

18 min. Colour 198?  
1/2" VHS

This video illustrates the dangers of not paying attention. The viewer is asked to identify hazards in various work situations. The importance of keeping yours eyes open to recognize hazards and how to remedy them is emphasized.

Produced By: International Tele-Film Enterprises

OHS VC 0137

**BODY MECHANICS**

10 min. Colour 1982  
1/2" VHS

This video explains the anatomy of the back and demonstrates how to push, pull and lift safely. It also shows people in a variety of settings how to protect their backs from stress and injury.

Produced By: Oregon Health Sciences University

OHS VC 0066

**BONNET BOLTS & ACTUATORS**

5 min. Colour 1985  
1/2" VHS

This video shows the procedure for removing plug valves from actuators.

Produced By: Dow Chemical

OHS VC 0017

**BREAKOUT**

14 min. Colour 1983  
1/2" VHS  
Beta  
3/4" U-Matic

After a new employee in a pipeline operation is crushed by a piece of heavy equipment, the reasons for the accident are identified and analyzed.

Produced By: Oilfield Contractors Association

## FILM/VIDEO DESCRIPTIONS

OHS 151

### **BREATHE SAFE, BREATHE CLEAN**

11 min. Colour 1980?

16 mm Film

"Breathe Safe, Breathe Clean" is a motivational film to convince workers that industrial respirators are essential to their health and safety. It shows different types of respirators and the right and wrong ways to wear them, how to clean them and where to store them. The film also demonstrates the results of not using respirators or not using them properly.

Produced By: Harvest Films Inc.

OHS VC 0097

### **BREATHING YOUR SELF TO DEATH; LUNG HAZARDS**

20 min. Colour 1982

1/2" VHS

This video shows the principles of respiratory damage and the personal protective equipment that must be worn by workers exposed to airborne contaminants.

Produced By: Workers' Compensation Board of British Columbia

OHS 224

### **CAN YOU HEAR ME?**

10 min. Colour 1980?

16 mm Film

"Can You Hear Me" is a film presentation that stresses the importance of hearing conservation. By using proper safety devices, noise that can harm the ears is screened while essential sounds necessary to perform the job are communicated.

Produced By: Allied Safety Chemical

OHS VC 0073

### **CAPTAIN SAFETY - YOUR SAFETY GLASSES**

12 min. Colour 1987

1/2" VHS

Captain Safety arrives at a jobsite when an employee is not wearing proper safety glasses. He explains the importance of wearing safety glasses both on the job and around home.

Produced By: Alberta Association of Optometrists



OHS VC 0069

**CARPAL TUNNEL: GETTING A GRIP**

18 min. Colour 1983?  
1/2" VHS

This video discusses the diseases that can be caused by repetitive movement.

Produced By: Democratic Media Centre

OHS VC 0098

**CAUSES AND PREVENTION OF INDUSTRIAL SKIN DISEASES**

24 min. Colour 1982  
1/2" VHS

This video discusses the various types of skin problems found in workers and preventive measures that must be taken.

Produced By: Workers' Compensation Board of British Columbia

OHS VC 002

**CHAIN SAW**

20 min. Colour 1975  
1/2" VHS

Safety procedures to be taken when felling a tree and safe operation of chain saws are demonstrated in this film.

Produced By: Roy Litke

OHS VC 0071

**CHAIN SAW SAFETY**

20 min. Colour 1986  
1/2" VHS

This video instructs the chainsaw operator to observe correct and safe operating procedures. The tape includes demonstrations relating to the basic parts of a chainsaw and their functions, the safety devices on a chainsaw, personal protective equipment for the operator, setting up and fuelling procedures, and safe operating procedures.

Produced By: Alberta Forest Products Association

## FILM/VIDEO DESCRIPTIONS

OHS 217

### **CHEMICAL BURNS TO THE EYES AND SKIN**

25 min. Colour 1984

16 mm Film

This graphic film describes how to protect yourself from chemical burns by using caution and understanding the chemicals you're working with.

Produced By: Dow Chemical Company

OHS VC 0019

### **CHEMICAL PROPERTIES - MODULE D**

14 min. Colour 1984

3/4" U-Matic

A series of training programs on safe procedures for responding to and handling hazardous material spills.

Produced By: Industrial Training Systems Corporation

OHS VC 0133

### **CHEMICAL SAFETY - PROPER HANDLING - Part I**

20 min. Colour 1985

1/2" VHS

Chemicals are hazardous, but they can be handled safely by following the 8 rules for proper handling. Both the importance of knowing the substance that you are using and proper labelling are stressed.

### **CHEMICAL SAFETY - HEALTH HAZARDS - Part II**

20 min. Colour 1985

1/2" VHS

This video stresses the need to know the health hazards associated with the chemicals you work with. Because your safety is your responsibility it is important to read labels and follow proper procedures. The video discusses the routes through which chemicals may enter the body. The proper protective equipment enables you to work with chemicals without being exposed to them.

### **CHEMICAL SAFETY - FIRE AND EXPLOSION - Part III**

20 min. Colour 1985

1/2" VHS

This video discusses how chemicals can cause fires/explosions. The importance of knowing the reactions of the chemicals you are using is stressed. The flashpoint of some flammables and combustibles are demonstrated.

Produced By: Tel-A-Train

OHS VC 0095

**CHEMICALS UNDER CONTROL**

15 min. Colour 1984  
1/2" VHS

A source of general information about handling chemicals safely, this program looks at types and forms of chemical hazards and illustrates the importance of housekeeping, safe work procedures, detecting the presence of hazardous chemicals, emergency procedures, and devices for personal protection. The ability to read and interpret chemical labels and to use safety data sheets is also stressed.

Produced By: Educational Resources Inc.

OHS VC 0099

**CHEMOTHERAPY: RISKS AND REMEDIES**

14 min. Colour 1984  
1/2" VHS

Health care workers handling antineoplastic drugs will benefit from practical safety tips about preparation, administration and disposal of these potentially toxic drugs.

Produced By: Workers' Compensation Board of British Columbia

OHS VC 0011

**CHILD'S PLAY**

14 min. Colour 1983  
1/2" VHS

Heavy equipment operation is not "Child's Play". The importance of roll-over protection and safety belts are noted. This video deals with the attitude of the worker towards safety. Stress is placed on the responsibility of the worker for his own safety.

Produced By: Oilfield Contractors Association

OHS VC 0194

**CHLORINE: TREAT WITH RESPECT**

26 min. Colour 1988  
1/2" VHS

Nearly 10 percent of all chemical accidents involve chlorine. This informative training program will help you protect your employees from its hazardous and toxic properties. The video outlines the health hazards associated with chlorine, and explains how to prevent exposure. It also outlines rules for storage and handling, as well as emergency procedures.

Produced By: Coastal Communications

## FILM/VIDEO DESCRIPTIONS

OHS 179

### **CHOICE IS YOURS (THE)**

18 min. Colour 1982?

16 mm Film

The film illustrates the realization of a seventeen year old boy who has drifted through three jobs, waking up to the fact that he cannot go on this way. His emotions, as well as family and social pressures make him determined to profit by his earlier mistakes and get settled into his new job. The result is a more fulfilled and respected character and a happy employer.

Produced By: Millbank Films

OHS VC 0068

### **COACHING THE PROFESSIONAL TRUCK DRIVER**

60 min. Colour 1985

1/2" VHS

This is a driver safety program consisting of six segments aimed at the experienced truck driver. The driving techniques stressed in this program were developed with the cooperation of the trucking industry through the ATA Council of Safety Supervisors. They are designed to counter bad driving habits, both skill and attitude related, that are most frequently exhibited by the professional truck driver.

Produced By: FLI Learning Systems

OHS VC 0012

### **COAL MINE SAFETY**

8 min. Colour 1980

1/2" VHS

The Department of Energy, Mines and Resources investigates measures to prevent explosions of methane gas in underground mines.

Produced By: Canada. Department of Energy, Mines and Resources

OHS 150

### **COLD CAN KILL**

28 min. Colour 1980?

16 mm Film

The dangers of hypothermia are presented and proper preventive measures are demonstrated. The film shows that loss of body heat in winter is a significant danger, as likely to cause death as drowning.

Produced By: Marlin Motion Pictures



OHS VC 0138

**COMPETITION (THE)**

18 min. Colour 1987  
1/2" VHS

This video dramatically presents the differences in attitudes, practice, and results between a "safe crew" and a "reckless crew". It also demonstrates the substantial injuries, productivity losses, and financial costs associated with a disregard for safety. The personal protective equipment necessary for workers involved with brushing and clearing jobs, proper methods for checking and starting a chain saw, and related safe practices for brushing and clearing are also described.

Produced By: Oilfield Contractors Association

OHS 161

**COMPRESSED GASES...UNDER YOUR CONTROL**

20 min. Colour 1971  
16 mm Film

This film covers many safety points in the handling of compressed gases. It describes cylinder handling precautions and the proper procedures that are necessary to avoid an accident or injury.

Produced By: Matheson

OHS VC 0118

**CONFINED SPACE ENTRY - DO IT RIGHT STAY ALIVE**

23 min. Colour 1987  
1/2" VHS

This program is designed to give employees an overview of the hazards of confined space entry, and to instruct and motivate them to follow correct procedure for confined space entry, at all times. The Confined Space Entry permit is used as a guide to instruct the viewer in all aspects of confined space entry. The video discusses protective equipment and clothing and rescue methods and equipment.

Produced By: Industrial Training Systems Corporation

OHS VC 0124

**CONFINED SPACE SAFETY**

3 parts Colour 1986  
1/2 inch VHS

This is a 3 part training video that explains the hazards of confined spaces and demonstrates the precautions that must be taken when working in or around these spaces.

**CONFINED SPACE SAFETY - CONFINED SPACE ENTRY - PART I**

30 min. Colour  
1/2" VHS

This course begins by explaining what is involved in safe confined space entry - from identifying a confined space to planning for a safe rescue in the event of trouble. Safe entry procedures are demonstrated, as is the importance of following these procedures exactly when dealing with the range of hazards encountered in a confined space.

**CONFINED SPACE SAFETY - TESTING A CONFINED SPACE -  
Part II**

25 min. Color 1986  
1/2" VHS

This video introduces the types of test equipment available on the market today and gives the viewer a thorough look at testing confined space atmospheres. It explains how and why equipment must be calibrated, as well as explaining what the readings on various test instruments mean. The correct procedures to follow when testing a confined space are demonstrated.

**CONFINED SPACE SAFETY - WORKING IN A CONFINED SPACE -  
Part III**

20 min. Color 1986  
1/2" VHS

This program explains how atmospheric hazards may be controlled through purging and ventilation of a space. It covers the special requirements for working in spaces where a potential fire or explosion hazard may exist. It also explains how to avoid creating hazards while working in a confined space, and demonstrates the use of various safety equipment and protective devices. Lastly, the program explains that following standard safety practices in confined space is very important in order to avoid injury from falls, noise, electricity and other hazards.

Produced By: Tel-A-Train

OHS 175

**CONTROL FACTOR (THE)**

17 min. Colour 1980  
16 mm Film

This film is designed to work well in virtually any manufacturing setting. It is an overview for operators on the use of overhead hoists and cranes.

Produced By: Educational Resources Foundation

OHS VC 0070

**CONTROLLING EXPOSURE TO TOXIC SUBSTANCES**

30 min. Colour 1986  
1/2" VHS

This video discusses the control of toxic substances and who is responsible for the control. It discusses safety equipment that should be used.

Produced By: Industrial Accident Prevention Association of Ontario

OHS VC 0116

**CRANE SAFETY**

4 parts Colour 1987  
1/2" VHS

**Part 1 Reading a Capacity Chart**

15 min.

This video has been carefully prepared to assist operators, supervisors and riggers to understand and properly use a hydraulic crane chart. For many years crane charts have been misused, misunderstood, or ignored altogether. It has been found that many crane accidents could have been avoided through proper understanding and usage of load charts.

**Part 2 Hydraulic Cranes**

20 min.

The purpose of this video is to assist operators, supervisors and riggers in their daily business of lifting loads, using hydraulic cranes. Safety must be the number one priority of everyone involved with crane work. Topics covered include: regular inspections, careful maintenance, proper machine setup, powerline awareness, pre-planning lifts, and safe hoisting practices. Failure to follow approved practices in any of these areas can greatly increase the chances of a costly accident.

## FILM/VIDEO DESCRIPTIONS

### **Part 3 Wire Rope and Rigging Safety**

20 min.

The object of this video is to assist operators, supervisors and riggers in their daily business of lifting loads using wire rope. The most commonly made errors found throughout a number of jobsites visited are addressed. This program covers eight topics which were chosen because of their relevance to safe rigging operations. Safety must be the number one priority of every one involved in rigging and crane work.

### **Part 4 Crane Accidents**

20 min.

The accidents reviewed in this video were chosen because of frequent occurrence. While most accidents appear to be the result of operator error, further investigation often reveals that some responsibility lies with supervision. Safe crane operations require skilful well trained operators but management commitment to safety must be total and well publicized.

Each of these programs is accompanied by an Instructor's manual.

Produced By: Crane Safety Inc.

OHS VC 0174

### **CRAWLER SAFETY - OPERATION AND MAINTENANCE**

18 min. Colour 1983

1/2" VHS

This video illustrates for operators the safe use of crawlers and how service and scheduled maintenance will keep the machine in reliable working condition.

Produced By: JI Case

OHS VC 0199

### **CUMULATIVE TRAUMA: MEETING THE CHALLENGE**

16 min. Colour 1990

1/2" VHS

This video discusses what cumulative trauma is and how to prevent it. It talks about the three major factors, repetition, awkward position/posture, excessive force, and the different methods of eliminating/reducing each.

Produced By: Summit Training Systems



OHS VC 0049

**DAILY MAINTENANCE & OPERATING PROCEDURES FOR TRACKED VEHICLES**

18 min. Colour 1985

1/2" VHS

This video gives operating instructions for tracked vehicles and can be used as a safety guide in the operation of industrial tracked vehicles.

Produced By: Western Geophysical Company

OHS VC 0032

**DANGER AT WORK**

50 min. Colour 1981

1/2" VHS

This video traces the history of occupationally-related disease and shows how the various occupational health professionals can work together to provide an effective means of preventing ill health at work. Industries such as coal, metal product manufacture, lead battery production, agriculture, hospital service and chemical are used to illustrate the ways worker health can be protected, while doctors, nurses, safety engineers, trade unionists and general practitioners discuss their respective roles in the process.

Produced By: University of Birmingham. Institute of  
Occupational Health & Safety

OHS VC 0160

**DEALING WITH MANUAL HANDLING**

12 min. Colour 1989

1/2" VHS

Manual handling occurs in some form or another in every workplace. Lifting, pushing, pulling, pouring, and wearing weighty protective clothing all fit into the category of manual handling. This video examines problems and injuries and explains through a hierarchy of control measures how all manual handling situations should be addressed.

Produced By: Safety Care Inc.

## FILM/VIDEO DESCRIPTIONS

OHS VC 0150

### **DON'T FALL FOR IT: PREVENTING SLIPS, TRIPS, AND FALLS**

20 min. Colour 1989

1/2" VHS

This program is designed to inform employees about the causes of falls and how to prevent them. It also explains the five categories of fall-related hazards including falling on stairs, slipping, tripping, faulty equipment, and deliberate acts.

Produced By: Industrial Training Systems Corporation

OHS VC 0055

### **DON'T LET IT GET YOU DOWN - HYDROGEN SULFIDE**

14 min. Colour 1981

1/2" VHS

This program examines the characteristics of hydrogen sulfide, the physical effects of exposure, potential sources, monitoring techniques, protective steps and rescue procedures.

Produced By: Industrial Training Systems Corporation

OHS 136

### **DOWN AND OUT**

10 min. Colour 1980?

16 mm Film

This film concentrates on the subject of slips and falls pointing out the different hazards, such as over-reaching, taking short cuts, misusing ladders, etc. that cause people to lose their balance.

Produced By: Journal Films

OHS VC 0100

### **ELECTRICAL SAFETY**

11 min. Colour 1984

1/2" VHS

Electrical shocks can kill or maim. This video will help you recognize electrical dangers at work and at home. Faulty tools and high voltage wires are just some of the dangers shown and first aid for electrical shock victims is also included.

Produced By: Workers' Compensation Board of British Columbia

OHS VC 0144

**ENTRENCHING SAFETY**

14 min. Colour 1987  
1/2" VHS

This video discusses water and sewer construction. Topics include: protecting the public, trench protection, good housekeeping, designated signalman, equipment maintenance, and awareness of nearby utilities.

Produced By: City of Medicine Hat

OHS VC 0131

**AN EPIDEMIC OF FEAR: AIDS IN THE WORKPLACE**

25 min. Colour 1987  
1/2" VHS

This video discusses how AIDS is spread and what risks are associated with the workplace. Several people with AIDS are interviewed and tell of the reactions from their employers and fellow employees.

Produced By: San Francisco AIDS Foundation

OHS VC 0043

**ERGONOMICS AT WORK**

14 min. Colour 1985  
1/2" VHS

Lifting and carrying loads can place a great deal of strain on the back. With proper engineering work areas can be designed to make the job easier. This video describes various ways in which different industries have improved their work areas.

Produced By: National Safety Council

OHS VC 0038

**ETHYLENE OXIDE IN HOSPITALS: MYTHS, FACTS AND SAFETY**

26 min. Colour  
3/4" U-Matic

Ethylene oxide is a hazardous gas used as a sterilant in health care facilities. It is the only practical method available for some medical devices. This video describes the precautions for working safely with it.

Produced By: University of Michigan

## FILM/VIDEO DESCRIPTIONS

OHS VC 0140

### **EVERY TWELVE SECONDS**

25 min. Colour 1987  
1/2" VHS

This is a candid look at the lives of five permanently disabled workers. Similar stories are repeated endlessly by thousands of other Canadians injured in crippling accidents every twelve seconds of every work day. This video shows the pain and the anger of people whose lives have been turned upside-down because of the unpredictability of nature, the imperfection of technology, or worse, simple human error.

Produced By: Disabled Forestry Workers of British Columbia

OHS 192

### **EYE EMERGENCY**

23 min. Colour 1983?  
16 mm Film

"Eye Emergency" demonstrates the prevention and treatment of eye accidents. Using actual workers and rescue personnel, the film shows simple treatment for foreign bodies in the eye, sharp and blunt injuries, and chemical burns.

Produced By: International Tele-Film Enterprises Ltd.

OHS 19

### **FILE IT UNDER FALLS, MISS KING**

10 min. Colour 1972  
16 mm Film

The film explores the causes of office falls and ways of preventing or avoiding them. Hazards such as open desk drawers and filing cabinets, electric cords, misplaced ladders and chairs, liquid spills, etc. are pointed out.

Produced By: National Safety Council

OHS VC 0088

### **FINEST TOOLS (THE)**

22 min. Colour 1985?  
1/2" VHS

This video discusses the hand stress that can be caused by repetitive jobs. Also discussed are the temporary and permanent hand problems that and result from hand stress. Suggestions are given on how to analyze a job that can cause hand and wrist problems.

Produced By: National Institute for Occupational Health and Safety



OHS VC 0013

**FIRE RESISTANT HYDRAULIC FLUIDS**

15 min. Colour 1982?  
3/4" U-Matic

This video discusses how fire resistant hydraulic fluids can prevent serious injuries caused by fires in mines and steel works, and how these products have been successfully used by various industries. It also explains the advantages of converting to the use of fire resistant hydraulic fluids. The composition and fire prevention uses of available fluids is described, and various tests are performed to indicate how safe these fluids are in flammable situations.

Produced By: Century Productions Ltd.

OHS VC 0101

**FITNESS FOR BACKS**

24 min. Colour 1984  
1/2" VHS

This video deals with the prevention of back injury through proper care and exercise of the back.

Produced By: Workers' Compensation Board of British Columbia

OHS VC 0191

**FOOT SAFETY**

12 min. Colour 1990  
1/2" VHS

Safety footwear is essential protection in some workplace situations. The situations where safety footwear should be worn, the different types of shoes and boots and the myths about the problems they cause are all examined.

Produced By: SafetyCare Inc.

OHS VC 0120

**FORKLIFT SAFETY - INSPECTING FOR SAFETY**

20 min. Colour 1987  
1/2" VHS

This video stresses the need for safety checks of forklift trucks prior to operation. The correct operation of all the parts on the checklist are demonstrated.

Produced By: Tel-A-Train

## FILM/VIDEO DESCRIPTIONS

OHS VC 0119

### **FORKLIFT SAFETY - OPERATING SAFELY**

15 min. Colour 1987

1/2" VHS

The safe operation of a forklift depends on the driver being alert and following proper procedures. The driver must be able to see where he is going. As well the load needs to be evenly distributed and the truck should not be used to push or straighten a load.

Produced By: Tel-A-Train

OHS 209

### **FOUR MINUTES TO SURVIVAL**

13 min. Colour 1980

16 mm Film

This film reviews the following important aspects of safe entry into confined spaces: personal hygiene, protective clothing and use of gas detectors.

Produced By: Industrial Commission of Ohio

OHS VC 0162

### **GOOD HOUSEKEEPING**

12 min. Colour 1989

1/2" VHS

While everyone is aware of the benefits of good housekeeping it is an area that is frequently overlooked. A strictly maintained and controlled good housekeeping policy is an essential part of any safety plan. It achieves a reduction in slips, trips, and falls type accidents, eliminates many potential fire hazards and creates a generally more pleasant work environment.

Produced By: Safety Care Inc.

OHS VC 0076

### **GRINDING WHEEL SAFETY (PARTS 1 & 2)**

26 min. Colour 1981

1/2" VHS

This two-part program deals with the proper handling of grinding wheels: how to mount and balance wheels, safety guards, wheel storage, eye protection and wheel dressing.

Produced By: Tel-A-Train

OHS VC 0083

**HAND OPERATED HOISTS**

45 min. Colour 1978  
1/2" VHS

This video shows the proper use of chain, gear, differential and ratchet hoists. It also discusses the proper planning, protective equipment, and safety inspections that should be done before starting a job.

Produced By: Marshall Maintenance

OHS VC 0128

**HAND SAFETY**

15 min. Colour 1987  
1/2" VHS

This video explains why hand injuries are so common in the workplace and gives practical suggestions for avoiding such accidents. It discusses the importance of understanding the hazards involved when working with machinery or chemicals. Because most accidents are caused by carelessness, it is a good idea to think about accidents before they occur, identify possible hazards on a job site and figure out how to work around them.

Produced By: Tel-A-Train Inc.

OHS VC 0154

**HAND SAFETY**

12 min. Colour 1988  
1/2" VHS

Hand injuries are consistently at the top of the list in industrial accidents. This short factual program looks at typical situations where hands can be most vulnerable to accidents.

Produced By: Canadian Learning Company

OHS VC 0064

**HAND TOOLS**

12 min. Colour 1986  
1/2" VHS

This video identifies the potential hazards of improper use of hand tools.

Produced By: Dow Chemical of Canada

## FILM/VIDEO DESCRIPTIONS

OHS VC 0167

### **HANDLING COMPRESSED GAS CYLINDERS**

12 min. Colour 1983

1/2" VHS

This video provides the viewer with an overview of safe procedures for handling and installing compressed gas cylinders. Specific hazards are reviewed and special emphasis is given to chlorine gas cylinders and their installation.

Produced By: Industrial Training Systems Corporation

OHS 16

### **HANDS - EYES - FEET**

11 min. Colour 1974

16 mm Film

Three short films have been combined to deal with the subjects of handtraps, eye protection, and safety shoes. Without narration, each film presents its message with a musical background.

Produced By: Crawley Films Ltd.

OHS VC 0161

### **HEAD PROTECTION**

12 min. Colour 1989

1/2" VHS

Falling objects, overhead pipes, protrusions, moving objects, slips, trips, and falls are just some of the hazards that can lead to head injuries. Recognition, evaluation and control of these hazards and the wearing of protective equipment is the necessary strategy to address the issue of head safety in the workplace.

Produced By: Safety Care Inc.

OHS VC 0106

### **HEALTH MATTERS AT WORK**

40 min. Colour 1986

1/2" VHS

This video explains what toxic substances are, how they enter the body, and their effect on the body.

Produced By: Industrial Accident Prevention Association of Ontario



OHS VC 0143

**HEAR TODAY, GONE TOMORROW: HEARING CONSERVATION PROGRAM**

15 min. Colour 1986  
1/2" VHS

Employees are instructed in the measures that can be taken to conserve their hearing, both on and off the job. The program explains how the ear functions, shows how noise affects the ear, examines the causes of hearing loss, and outlines the ways in which a Hearing Conservation Program can prevent hearing loss caused by excessive noise.

Produced By: Industrial Training Systems Corporation

OHS VC 0193

**HEARING PROTECTION: A SOUND PRACTICE**

16 min. Colour 1989  
1/2" VHS

How the ear works, what hazardous noise levels are, and importance of hearing protection are explained in this video.

Produced By: Coastal Communications

OHS VC 0077

**HEARING SAFETY**

16 min. Colour 1985  
1/2" VHS

This video discusses the importance of hearing conservation in all noisy environments. It shows how even low noise areas can affect your hearing. Various types of protective devices are discussed.

Produced By: Tel-A-Train

OHS 219

**HEIMLICH MANOEUVRE (THE)**

11 min. Colour 1975  
16 mm Film

The film begins with a dramatic choking incident at the park, communicating the harsh reality that anyone can be a victim of this potentially fatal and totally unexpected occurrence. Through animation and with the co-operation of models, Dr. Heimlich demonstrates how to perform his life saving technique and why it works.

Produced By: Paramount Communications

## FILM/VIDEO DESCRIPTIONS

OHS 156

### **HIDDEN ADVANTAGE (THE)**

15 min. Colour 1981?  
16 mm Film

The basics of training employees in safety and proper work habits are demonstrated as a supervisor reveals his concepts on safety to a co-worker.

Produced By: Unknown

OHS VC 0182

### **HIDDEN COSTS OF ACCIDENTS**

10 min. Colour 1989  
1/2" VHS

This video is about accidents in the hospitality industry and the importance of safety programs.

Produced By: Safety Care Inc.

OHS VC 0171

### **HIDDEN HAZARDS: RESPIRATORY PROTECTION FOR WELDERS**

9 min. Colour 1989  
1/2" VHS

This video educates welders about the airborne contaminants they may be exposed to on the job and how to protect themselves from unsafe levels of fumes, gases and dusts.

Produced By: 3M Canada Inc.

OHS VC 0127

### **HOISTS, WINCHES AND RELATED DEVICES**

20 min. Colour 1987  
1/2" VHS

The safe use of anchorage points, chain hoists, come-alongs, grip-action hoists, electric chain hoists electric wire rope hoists, pendant cranes, and base-mounted winches, are discussed in this video.

Produced By: Construction Safety Association of Ontario

OHS 162

**HOSPITAL ACCIDENT PREVENTION**

21 min. Colour 1981?  
16 mm Film

Designed specifically for use in hospitals, this training film explains safety procedures and methods of accident prevention.

Produced By: Consort Films

OHS 28

**HOUSEKEEPING MEANS SAFEKEEPING**

10 min. Colour 1975?  
16 mm Film

This film depicts a typical plant with a common variety of housekeeping violations. The dangers of these violations are forcefully dramatized in slow motion recreations of painful and realistic accidents. The film concentrates on teaching employees the three basic rules behind housekeeping: preventing, correcting, and reporting. It stresses the idea that safe housekeeping is the responsibility of every employee.

Produced By: Journal Films

OHS VC 0166

**HOW TO CONDUCT A SAFETY MEETING: A PART OF YOUR JOB**

15 min. Colour 1990  
1/2" VHS

This video is designed to provide line supervisors, section managers, and other supervisory personnel with essential points for planning and conducting a safety meeting. The first part of the program covers setting an agenda, scheduling considerations, setting up the meeting place and notification of the participants. The second section covers procedures for conducting and controlling the flow of the meeting, tips for encouraging group participation and follow-up after the meeting.

Produced By: Industrial Training Systems Corporation

OHS VC 0102

**HOW TO INVESTIGATE AN INDUSTRIAL ACCIDENT**

18 min. Colour 1983  
1/2" VHS

Technique for identifying the contributing factors in an accident are demonstrated in order to prevent repeat occurrences.

Produced By: Workers' Compensation Board of British Columbia

## FILM/VIDEO DESCRIPTIONS

OHS VC 0125

### **HYPOTHERMIA**

18 min. Colour 1983

1/2" VHS

Hypothermia is the lowering of the body core temperature. This video discusses how to prevent, recognize, treat hypothermia. Although the setting in this instance is water the same principles also apply to cold weather.

Produced By: the U.S. Coast Guard & the University of  
Alaska Instructional Telecommunication Services.

OHS 45

### **I AM JOE'S SPINE**

25 min. Colour 1983?

16 mm Film

Through clever animation and the voice of Burgess Meredith, Joe's spine shows and tells us what's happening to it as Joe twists, bends, lifts, stretches, and stoops in the process of cleaning out his attic. When the crunch comes, Joe's spine explains how future pain and problems can be avoided through proper exercise.

Produced By: Pyramid Productions

OHS 38

### **I NEVER HAD AN ACCIDENT ON THE JOB IN MY LIFE**

18 min. Colour 1976

16 mm Film

This training film alerts meat workers to job hazards. The film covers five major hazards in the meat industry; lifting, use of the band saw, hand tools, slips, and falls, and shows precautions meat cutters must take to avoid accidents on the job.

Produced By: Unknown

OHS 134

### **IF YOU HEAR THE EXPLOSION THE DANGER IS PAST**

10 min. Colour 1981?

This film deals with accident causes and conveys safety program philosophies under actual industrial conditions - mostly in warehouses and machine shops.

Produced By: Xerox Films

OHS 183

**IF YOU ONLY KNEW**

24 min. Colour 1983?  
16 mm Film

"If You Only Knew" is a powerful, dramatic film concentrating on attitudes. Its central theme is how a company presents information about chemicals to its employees. It highlights the importance of accurate cataloguing of information and demonstrates good and bad storage practices. It also shows how some employees handle chemicals with little thought for their safety or the safety of others.

Produced By: Unknown

OHS VC 0165

**INTRODUCTION TO SAWMILLS**

10 min. Colour 1989  
1/2" VHS

Designed to introduce new employees to the sawmill environment, this video outlines the various safety responsibilities of sawmill workers and employers. It points out that safety is a shared responsibility, that is, a matter of both company policy and personal attitude.

Produced By: Workers' Compensation Board of British Columbia

OHS VC 0134

**INTRODUCTION TO W.H.M.I.S.**

20 min. Colour 1988  
1/2" VHS

This video explains how and why W.H.M.I.S. was developed. The information required on labels and material safety data sheets(MSDS) is discussed and the need to educate employees is emphasized.

Produced By: Tel-A-Train

OHS VC 004

**INVISIBLE ENEMY - STATIC ELECTRICITY**

14 min. Colour 1984  
1/2" VHS

This training program is on the principles of static electricity and the importance of proper bonding and grounding procedures when working in explosive and flammable environments.

Produced By: Industrial Training Systems Corporation



## FILM/VIDEO DESCRIPTIONS

OHS 147

### **IS THERE ANYTHING I HAVE FORGOTTEN?**

18 min. Colour 1980?

16 mm Film

This film illustrates the Permit to Work and Certificate of Safety procedures for the safe isolation of a vessel. When entering vessels to maintain or to clean them, there is always the danger of being overcome by toxic gases, lack of oxygen, steam, radiation and a variety of other hazards.

Produced By: Millbank Films

OHS 138

### **IT AIN'T EASY**

33 min. Colour 1980

16 mm Film

This introduction drilling industry focuses on the different operations involved in drilling with a description of the various responsibilities of each member of the crew. The film also covers safety aspects of the industry with an emphasis on good housekeeping, protective equipment and clothing and recognition of hazards such as hydrogen sulfide.

Produced By: Canadian Association of Oilwell Drilling Contractors

OHS 41

### **IT ALWAYS HAPPENS TO THE OTHER GUY**

21 min. Colour 1975

16 mm Film

This training film for operators of heavy equipment in the construction industry is narrated by James Whitmore. The operation of four-wheel drive loaders, scrapers, motor graders, excavators, backhoes and crawler bulldozers are featured. The film also demonstrates safe machine handling, traffic hazards, maintenance of machines, and the need for personal protective equipment on the job.

Produced By: John Deere Co. & National Safety Council

OHS VC 0157

### **IT HAPPENED TO ME, IT COULD HAPPEN TO YOU**

15 min. Colour 1988

1/2" VHS

Mike Pryor's horrifying testimony of his own industrial accident will change forever the way you approach your job. A powerful story that should be seen by every worker in this country.

Produced By: Canadian Learning Company

OHS 178

**IT NEED NOT HAPPEN**

21 min. Colour 1982?  
16 mm Film

Industrial accidents can be prevented with the proper use of modern, well designed protective clothing and equipment. This film shows that operator attitude plays a part in use of proper protection. "It Need Not Happen" shows both management and workers that hazards can be avoided by proper use of protective clothing and equipment.

Produced By: Unknown

OHS 114

**IT ONLY TAKES A MINUTE**

15 min. Colour 1973  
16 mm Film

This film covers the use and care of all types of portable air tools and the proper and safe ways to operate them. It is designed for plant safety personnel in industries where air tools are utilized.

Produced By: Sigman Rand

OHS VC 009

**IT'S NO LAUGHING MATTER**

17 min. Colour 1984  
1/2" VHS

An award-winning video using stunt men and take outs from old comedy movies helps employees be more aware of the potential hazards and injuries from slips and falls.

Produced By: Industrial Training Systems Corporation

OHS VC 9021

**JOB WELL DONE (A): CHEMICAL HANDLING**

17 min. Colour 1984  
1/2" VHS

This introduction to the handling of chemicals covers point by point the most important hazards and procedures an employee must learn about protective clothing and equipment, good housekeeping, and preventing and cleaning up chemical leaks and spills.

Produced By: 3M Canada Inc.

## FILM/VIDEO DESCRIPTIONS

OHS 46

### **JUST ONCE**

16 min. Colour 1970

This film demonstrates the value and vulnerability of the eyes. The need for eye protection in the many hazardous operations of the construction trades is shown.

Produced By: Construction Safety Association of Ontario

OHS VC 0190

### **KITCHEN AND CANTEEN SAFETY**

15 min. Colour 1990

1/2" VHS

Few other work areas match the kitchen in number and variation of risks and hazards. Hygiene, personal protective equipment, manual handling, use of knives, slips trips and falls, dealing with kitchen fires, and general hazards are all addressed and appropriate action suggested in this program.

Produced By: SafetyCare Inc.

OHS 48

### **KITCHEN SAFETY: PREVENTING BURNS**

10 min. Colour 1969

16 mm Film

This film teaches respect for the dangers of steam, gas, boiling water, and hot foods in commercial kitchens. Accidents can be prevented by wearing the proper clothing and observing safe work habits.

Produced By: National Education Media

OHS 47

### **KITCHEN SAFETY: PREVENTING FALLS**

10 min. Colour 1969

16 mm Film

This film asserts that using foresight can prevent serious injuries. It stresses potential danger points and proper procedures for keeping floors in safe condition in commercial kitchens. Among the things to watch for are floor spills, dropped objects, poorly illuminated stairways, and ladders.

Produced By: National Education Media

OHS VC 0147

**LADDER/LADDER TRUCK RESCUE**

13 min. Colour 1988  
1/2" VHS

This program is designed to instruct employees in the rescue of an unconscious person from a ladder and a ladder truck. Emphasis is placed on lowering the unconscious victim to the ground as quickly and safely as possible so that CPR and other first aid techniques can begin.

Produced By: Industrial Training Systems Corporation

OHS VC 0087

**LADDERS AND SCAFFOLDS**

60 min. Colour 1978  
1/2" VHS

This video discusses both ladders and scaffolds. The single ladder, the extension ladder, and the step ladder are covered as well as selecting the proper ladder for the job. The two types of scaffolds discussed are the fixed scaffold and the suspended scaffold. The construction of each type and the materials to be used is detailed. This video also discusses in detail the safety inspection and the safety equipment involved with both ladders and scaffolds.

Produced By: Industrial Training Systems Corporation

OHS VC 9019

**LEAD IN THE WORKPLACE**

15 min. Colour 1983  
1/2" VHS

"Lead in the Workplace" deals with the safe handling and use of lead. Protective clothing and work practice methods which lessen the risk of lead exposure are discussed.

Produced By: Johnson Matthey Productions

OHS VC 0091

**LIVES ON THE LINE**

16 min. Colour 1985  
1/2" VHS

This video pinpoints the hazards involved in laying pipeline, from cutting the right-of-way to laying the pipe in the trench. Being aware of potential hazards will lead to an accident free career in pipelining.

Produced By: Esso Resources Canada Ltd.

## FILM/VIDEO DESCRIPTIONS

OHS 186

### **LIVING WITH DUST**

15 min. Colour 1975

16 mm Film

This film deals with health hazards created by dust in the working environment. It describes how toxic dusts, such as lead, arsenic, and manganese, can dissolve into the blood stream through the lungs to damage body organs and the nervous system. It also explains how other dusts, such as asbestos, silica and cotton remain in the lungs permanently to cause slow suffocation. The importance of engineered ventilation systems or the use of personal protective equipment when such systems are insufficient or impractical is stressed.

Produced By: Unknown

OHS VC 0175

### **LOADER/BACKHOE SAFETY - OPERATION AND MAINTENANCE**

18 min. Colour 1983

1/2" VHS

This video illustrates the safe use of loader/backhoes and how service and scheduled maintenance will keep the machines in safe reliable working condition.

Produced By: JI Case

OHS VC 0103

### **LOCKING OUT ACCIDENTS**

14 min. Colour 1985

1/2" VHS

Production equipment can be dangerous if not properly locked out during maintenance. Lockout procedures for electricity, steam, pneumatics, hydraulics and gravity are reviewed to emphasize the importance of ensuring zero-energy.

Produced By: Worker's Compensation Board of British Columbia



OHS VC 0112

**LOCKOUT PROCEDURES**

13 min. Colour 1987  
1/2" VHS

This program discusses electrical and hazardous substance lockout. All electrical equipment should be locked out and tagged before repairs are done. Another danger area that should be blanked and tagged are pipes and valves containing high pressure substances, corrosive substances, steam, etc. There is also a discussion of who is responsible for these procedures.

Produced By: Industrial Accident Prevention Association of Ontario

OHS 173

**LOW BACK PAIN**

24 min. Color 1978  
16 mm Film

This film featuring a program developed by Dr. Hans Draus, a noted orthopaedic surgeon, stresses one key point, that flexibility exercises are for everyone, including those with back problems.

Produced By: Unknown

OHS VC 0164

**LOW LIFT TRUCKS**

18 min. Colour 1990  
1/2" VHS

This video alerts employees to the dangers associated with the operation of manual and powered industrial trucks such as carts, dollies, platform trucks, rack trucks, drum handlers, pallet jacks, skid movers, and powered walking trucks. This program demonstrates how low-lift industrial trucks can be used safely to reduce injuries and increase productivity. It also shows how to avoid common injuries associated with specific trucks.

Produced By: Coastal Video Communications

## FILM/VIDEO DESCRIPTIONS

OHS VC 0074

### **LUCKY ONES (THE)**

12 min. Colour 1987

1/2" VHS

This video discusses the dangers of exposure to hazardous gases and the long-term effects of hazardous gas "knockdown". The need for rescuers to protect themselves by donning self-contained breathing apparatus before attempting to rescue a downed co-worker is emphasized.

Produced By: Vicom Ltd.

OHS VC 0117

### **MACHINE HAZARD AWARENESS**

20 min. Colour 1987

1/2" VHS

This four part program is designed to help identify and act on machine hazards. After seeing this program the viewer should have a better understanding of the hazards associated with machines, be able to identify potentially dangerous motions and actions, and determine what preventive actions must be taken.

Produced By: Industrial Accident Prevention Association of Ontario

OHS 207

and

OHS VC 0090

### **MAKING THE PIECES FIT**

26 min. Colour 1975

1/2" VHS

16 mm Film

Designed to teach the elements and principles of effective supervision, this film covers leadership styles, communication, coaching, planning and scheduling, quality and motivation. It is directed at the building trade's supervisor who needs education in managerial skills, and the application of those skills in the work situation.

Produced By: Educational Resources Foundation

OHS VC 0105

### **MATTER OF SECONDS (A)**

15 min. Colour 1980?

1/2" VHS

This video discusses the protection value of Nomex III flame resistant clothing in a flash fire.

Produced By: Film Five Associates

OHS 165

**MIND YOUR BACK**

7 min. Colour 1981?  
16 mm Film

"Mind your back" illustrates the correct way of lifting and pushing heavy objects without risking injury to the back. The methods are demonstrated by both live action and diagrams.

Produced By: Star Programmes

OHS VC 0078

**MINIMIZING BACK STRAIN**

28 min. Colour 1984  
1/2" VHS

This video discusses the importance of understanding how the back works to avoid injuries. Proper lifting techniques and demonstrations on how to lift from various positions, are given.

Produced By: Tel-A-Train

OHS VC 9017

**MSDS "AT YOUR FINGER TIPS - UNDERSTANDING MATERIAL SAFETY DATA SHEETS"**

11 min. Colour 1988?  
1/2" VHS

All employees who are required to work with hazardous or potentially hazardous materials in the normal course of their work will benefit from viewing this program. The film stresses the use of "Material Safety Data Sheets" when dealing with hazardous materials.

Produced By: Industrial Training Systems Corporation

OHS VC 0129

**MSDS: THE FIRST STEP TO CHEMICAL SAFETY**

15 min. Colour 1986  
1/2" VHS

This video is designed to inform employees about the components of the Material Safety Data Sheet. It gives employees a basic overview of the MSDS and motivates them to consult the MSDS when working with hazardous materials.

Produced By: Industrial Training Systems Corporation

## FILM/VIDEO DESCRIPTIONS

OHS VC 0051

### **NEGATIVE AIR FILTRATION SYSTEMS AT ASBESTOS ABATEMENT SITES**

42 min. Colour 1985

1/2" VHS

The video gives a brief history of asbestos control techniques and then demonstrates the reason why negative air purification is necessary at the jobsite. The concept of negative air is clearly illustrated using a mock-up contamination.

Produced By: Source Finders Information Corporation

OHS 187

### **"NEVER SAY DIE"**

25 min. Colour 1983

16 mm Film

"Never Say Die" tells the story of Frank Russo, a rig hand who is "on trial" for his life. The prosecutor and judge is Death himself while Frank's defense counsel is his own guardian angel.

Produced By: Filmwest Associates

OHS 56

### **NEW WAY TO LIFT (A)**

10 min. Colour 1970

16 mm Film

This film looks at elements of a properly executed lift. It also examines the palm grip, the proper position of the back, chin, arms, and feet and the correct disposition of body weight when executing a lift.

Produced By: Journal Films Inc.

OHS 139

### **NICE TO HEAR**

10 min. Colour 1980

16 mm Film

A hearing loss is a tragedy in the sense that it affects a person not only in the business world but in every facet of his family or social life. Fortunately, there are methods to maintain and conserve your hearing which are discussed in this film.

Produced By: Bilsom International, Sweden

OHS 164

**NOBODY'S PERFECT**

25 min. Colour 1980?  
16 mm Film

This laboratory safety film recounts the numerous mishaps of a prominent biochemist who fails to comply with basic safety rules. His actions endanger both himself and his co-workers.

Produced By: Unknown

OHS VC 0113

**NOT ANOTHER HERO**

30 min. Colour 1986  
1/2" VHS

This video is an updated version of "Three Minutes To Live". The same cast is used but more emphasis is placed on the "second man in" during H<sub>2</sub>S knockdowns, and on increasingly common H<sub>2</sub>S risk situations like production testing. There is also a sequence on the proper wearing and use of breathing apparatus.

Produced By: Filmwest Associates

OHS 176

**NOT BY ACCIDENT: A LOGICAL LOOK AT ACCIDENT INVESTIGATION**

19 min. Colour 1980?  
16 mm Film

This film is an effective training tool to teach supervisors how to investigate accidents correctly and properly. They learn how to get the facts, avoid recriminations, and present a factual report that can be used to prevent similar accidents in the future.

Produced By: BNA Communications Inc.

OHS VC 0170

**OCCUPATIONAL MEDICAL SURVEILLANCE**

12 min. Colour 1984  
1/2" VHS

This video program is designed to motivate employees to cooperate more fully in a company's medical surveillance activities. The program explains the goals of a comprehensive medical surveillance program, examines the methods used to collect relevant information, defines epidemiology, and discusses the potential benefits of medical surveillance programs.

Produced By: Industrial Training Systems Corporation



## FILM/VIDEO DESCRIPTIONS

OHS VC 0123

### **OFFICE ERGONOMICS**

17 min. Colour 1987

1/2" VHS

Ergonomics is the science of people at work. This video discusses the necessity of a well set up office if employees are to perform at maximum capability.

Produced By: University of Guelph. Office for  
Educational Practice

OHS VC 0188

### **OFFICE SAFETY**

14 min. Colour 1990

1/2" VHS

To most people, an office is as safe a work environment as can be imagined. But, unfortunately, the facts just don't bear this out. Hazards in the office such as fires, manual handling activities, slips, trips and falls are discussed as well as design and layout of the office itself is addressed in this video.

Produced By: SafetyCare Inc.

OHS VC 0028

### **OFFICE SAFETY: THE THRILL SEEKERS**

10 min. Colour 1984

3/4" U-Matic

It's a familiar axiom that 20 percent of the workers account for 80 percent of the accidents. Doubly unfortunate is the fact that the accident-prone are as liable to injure others as themselves. While many office hazards cause only minor injuries, cuts, bruises, and sprained backs can add substantially to the costs of absenteeism, compensation and lawsuits. In an entertaining manner, this presentation alerts viewers to many common dangers and practices.

Produced By: Coronet Instructional Media Ltd.

OHS VC 0044

**ON TARGET WITH LADDERS**

15 min. Colour 1985  
1/2" VHS  
3/4" U-Matic  
Beta

The objective of this video is to show that ladders are safe if you remember the rules. The proper use of ladders entails making sure that the footing is firm and the ratio is right.

Produced By: Alberta Construction Association

OHS 154

**ONE LAST SHOCK**

20 min. Colour 1979?  
16 mm Film

"One Last Shock" dramatizes the events leading to a man's death through carelessness and a poor attitude toward electrical safety.

Produced By: Millbank Films

OHS 191

and  
OHS VC 0108

**OPERATORS (THE)**

20 min. Colour 1983  
1/2" VHS  
16 mm Film

This film deals with safety measures in underground development. It explains the correct excavation procedures to eliminate any danger of digging up piping or electrical cables.

Produced By: Calgary Utility Coordinating Committee

OHS 195

**OXYACETYLENE SAFETY**

35 min. Colour 1984?  
16 mm Film

This film helps the viewer to develop a better understanding of the safe use of oxyacetylene welding and burning equipment. Common mistakes and dangers are discussed and safety rules are described and demonstrated.

Produced By: Unknown

## FILM/VIDEO DESCRIPTIONS

OHS VC 0093

### **PATH OF LEAST RESISTANCE (THE)**

15 min. Colour 1984

1/2" VHS

This video stresses the importance of treating electricity with respect regardless of the voltage. It also discusses first-aid for victims of electrocution.

Produced By: Education Resources Inc.

OHS VC 0107

### **PCB'S: OLD FEARS NEW FACTS**

15 min. Colour 1987

1/2" VHS

This video discusses the difference between the actual dangers and the unsubstantiated fears of PCB's. It also deals with how to dispose of PCB's safely.

Produced By: Canadian Electrical Association

OHS 158

### **PERSONAL PROTECTION**

15 min. Colour 1979?

16 mm Film

"Personal Protection" provides an overview of the equipment that protects the head, eyes, ears, respiratory system, and the entire body including the hands and feet.

Produced By: Unknown

OHS VC 0092

### **PLANT LIFE: SAFETY ON THE JOB SITE**

20 min. Colour 1986

1/2" VHS

This video emphasizes the need for job site safety and the need to know the hazards of not only the equipment you are using but the hazards of all the other equipment in the area where you are working. It also shows how to check out a work site for hazards that may be present, such as the presence of poisonous gas, hot vessels & pipes, etc. The danger in trenches and the use of protective equipment are also explained.

Produced By: Esso Resources of Canada

OHS VC 0132

**POWER AND HAND TOOL SAFETY**

25 min. Colour 1987  
1/2" VHS

This video explains the correct use of power and tools as well as the hazards when tools are improperly used. There is also an explanation of the protective equipment that should be worn when using different tools.

Produced By: Tel-A-Train

OHS VC 0084

**POWER OPERATED HOISTS**

47 min. Colour 1985  
1/2" VHS

This video discusses the overhead trolley crane, semi-gantry crane, cantilever crane, and the wall crane. The American Standards for Crane Hand Signals are explained and demonstrated. Also emphasized are the safety checks that should be done before the crane is used and the protective equipment that is required.

Produced By: Industrial Training Systems Corporation

OHS VC 0110

**PROTECTING YOUR HEARING IN A NOISY WORLD**

13 min. Colour 1984  
1/2" VHS

This video discusses the impact of noise on hearing. Several methods of hearing protection are described and illustrated.

Produced By: Kohler Company

OHS VC 0056

**RADIATION NATURALLY**

28 min. Colour 1987  
1/2" VHS

This video explores the various sources of ionizing radiation. (Cosmic, Terrestrial, Man-made). It concentrates on low-level radiation, and relating how it affects man.

Produced By: MPL Film

## FILM/VIDEO DESCRIPTIONS

OHS VC 0183

### **RADIATION SAFETY**

10 min. Colour 1989  
1/2" VHS

This video discusses ionizing radiation, it's uses, and it's dangers. It also gives precautions for protection.

Produced By: Medfilms Inc.

OHS VC 0168

### **RESPIRATORY PROTECTION**

8 min. Colour 1984  
1/2" VHS

This video explains the need for respiratory protection and demonstrates the use of protective respiratory equipment. It also discusses different types of airborne hazardous materials and gases, and describes the best type of respirator for each. It shows the proper way to use respirators, with emphasis on proper fit, cleaning and inspection procedures.

Produced By: International Film Bureau

OHS VC 0186

### **RESPIRATORY SAFETY**

15 min. Colour 1990  
1/2" VHS

This video discusses types of contaminants and provides guidelines for choosing the correct type of respirator, describing the three types of respirators and how they should be worn. Also discussed are several DO's and DON'Ts in using respirators.

Produced By: Safety Care Inc.

OHS 70

### **RETURN OF MILTON WHITTY**

17 min. Colour 1968  
16 mm Film

This is a follow up film to the "Inner Mind of Milton Whitty". It discusses responsibilities for accidents, production costs and safety, hidden costs, and safety philosophies and policies. Contractor Whitty is determined to change the safety record of his company from the worst to the best, but the negative attitude of the general manager jeopardizes the whole program. It takes a tragedy to make him realize that "safety" is the better policy.

Produced By: Construction Safety Association of Ontario



OHS VC 0149

**REWARDS AND CONSEQUENCES: SUPERVISING SAFETY BY POSITIVE RECOGNITION**

20 min. Colour 1989

1/2" VHS

This program is designed to inform supervisors about the importance of praise, reward, and good communication, and to show how positive recognition influences safe behaviour on the job. The video also discusses why people take risks, how understanding human behaviour can aid in performance, the role of consequences both positive and negative, and how rewarding good behaviour can work. Ways supervisors can improve communication are also covered, as well as methods for getting employees more mentally and emotionally involved in safety.

Produced By: Industrial Training Systems Corporation

OHS VC 0057

**RIB CONTROL AROUND MINE ENTRIES**

10 min. Colour 1980?

1/2" VHS

Beta

3/4" U-Matic

This film describes methods and techniques of coal rib support in western Canadian mines.

Produced By: Coal Mining Research Centre, Devon Alberta

OHS VC 0085

**RIGGING EQUIPMENT OVER THE FLOOR**

17 min. Colour 1980

1/2" VHS

This video discusses the proper use of the equipment used for moving a load across the floor. Procedures for the raising and lowering of a load with jacks are discussed as are the use of blocks, skids and a forklift.

Produced By: Industrial Training Systems Corporation

OHS VC 0086

**RIGGING: WIRE ROPE SLINGS**

18 min. Colour 1980?

1/2" VHS

This video discusses different types of wire rope slings and their proper use. Safety procedures and required protective equipment are also described.

Produced By: Industrial Training Systems Corporation

## FILM/VIDEO DESCRIPTIONS

OHS VC 0158

### **RIGHT MOVES: ERGONOMICS IN THE WORKPLACE (THE)**

12 min. Colour 1989

1/2" VHS

Designed to inform supervisors and managers about the nature and seriousness of cumulative trauma disorders, this video emphasizes how to identify, analyze and control work situations that can lead to musculoskeletal disabilities.

Produced By: Industrial Training Systems Corporation

OHS VC 0067

### **RIGHT TO KNOW - WORKING AROUND HAZARDOUS SUBSTANCES**

13 min. Colour 1985

1/2" VHS

This program shows how Material Safety Data Sheets work, and encourages employees to use them for their own safety information.

Produced By: BNA Communications Inc.

OHS 68

### **ROAD TO RECOVERY (THE)**

25 min. Colour 198?

16 mm Film

A worker loses his leg in a drilling rig accident and the film shows the program used for rehabilitation of the amputee at the Alberta Workers' Compensation Board Clinic in Edmonton.

Produced By: Unknown

OHS VC 0159

### **ROUGH TERRAIN FORKLIFT SAFETY: OPERATION AND MAINTENANCE**

18 min. Colour 1983

1/2" VHS

This two-part video illustrates a step-by-step operating procedure for rough terrain forklifts. It concentrates on safety, service and scheduled maintenance to keep machines in reliable operating condition.

Produced By: JI Case

OHS 67

**ROUND TRIP TO DANGER**

20 min. Colour 1973  
16 mm Film

This film discusses safety around logging operations. It points out the various hazards of working in and around large mobile machinery, and shows what should and should not be done in a number of typical logging situations.

Produced By: John Deere Company

OHS 72

**RX SAFETY**

20 min. Colour 1978  
16 mm Film

There are a variety of accident hazards in many departments of the hospital. This film deals briefly with fire prevention and patient safety. The film also depicts a safety committee reviewing and planning safe work procedures and introducing the accident prevention program to employees.

Produced By: Associated Films Inc.

OHS 140

**S.O.S.**

12 min. Colour 1980  
16 mm Film

Continuous exposure to dangerous or excessive noise can gradually affect or destroy your hearing. S.O.S is a plea through clever animation of the hearing cells to protect your hearing. A hearing loss can affect your lifestyle. The film shows some of the hearing protection available to avoid this condition.

Produced By: Bilsom International, Sweden

OHS VC 0141

**SAFE MOVES: THE ART OF PATIENT TRANSPORT**

15 min. Colour 1983  
1/2" VHS

This video uses fast paced humorous vignettes of the "wrong" way to move patients contrasted with clear views of the right way. This is a witty presentation to protect both the patient and themselves from injury.

Produced By: Oregon Health Sciences University

## FILM/VIDEO DESCRIPTIONS

OHS 118

### **SAFETY ATTITUDES**

10 min. Colour 1970  
16 mm Film

This animated film illustrates how attitudes, good or bad, affect safety. It shows how emotions and communications play important roles in preventing or causing accidents. Emphasis is placed on the fact that unsafe attitudes can be changed.

Produced By: National Safety Council

OHS VC 0181

### **SAFETY AND THE YOUNG WORKER**

10 min. Colour 1990  
1/2" VHS

Through a series of dramatic re-enactments, this video shows unsafe work situations and how to correct them. Through interviews with four injured workers, it also shows the tragic consequences of workplace accidents. "Safety and the Young Worker" is young people talking to other young people about safety and about their first job. It is primarily directed at teenage audiences, but is also suitable for general viewing. It is a component of the Industrial Accident Prevention Association of Ontario sponsored education program entitled "Class".

Produced By: Workers' Compensation Board of British Columbia

OHS VC 0104

### **SAFETY AUDIT (THE): EVALUATING YOUR HEALTH AND SAFETY PROGRAM**

12 min. Colour 1984  
1/2" VHS

This video is based on Section 4 of the B.C. Workers' Compensation Board Regulations which defines the workplace health and safety program. It tells how to evaluate the strengths and weaknesses of that program in a particular firm.

Produced By: Workers' Compensation Board of British Columbia

OHS 84

### **SAFETY BELTS**

25 min. Colour 198?  
16 mm Film

This film shows how a safety belt is made and how they should be worn. Tests done with different types of lanyards are shown.

Produced By: Construction Safety Association of Ontario

OHS 155

**SAFETY EVERYONE'S BUSINESS**

20 min. Colour 1987  
16 mm Film

This film shows potential safety hazards in a wide range of industrial and commercial settings. A general introduction to industrial safety.

Produced By: International Tele-Film

OHS VC 0080

**SAFETY FOR THE NEW EMPLOYEE**

20 min. Colour 1984  
1/2" VHS

This is a general safety video that covers the many aspects of industrial shop safety. It stresses the importance of wearing protective equipment such as safety glasses, hard hats and safety shoes. Some other safety hazards, including poor housekeeping, improper lifting, the incorrect use of ladders, welding flashes, grinders and improperly grounded electrical tools are portrayed in the film.

Produced By: Marshall-Maintenance Productions

OHS VC 0184

**SAFETY GEAR: FOOT PROTECTION**

11 min. Colour 1989  
1/2" VHS

Three classifications of safety shoes are identified. The program explains the function of toe shields, metatarsal guards, and puncture resistant soles.

Produced By: Canadian Learning Company

OHS VC 0200

**SAFETY GEAR: HEAD PROTECTION**

10 min. Colour 1989  
1/2" VHS

The different classifications of bump hats and hard hats are described. The importance of maintaining safety gear is emphasized.

Produced By: Canadian Learning Company



## FILM/VIDEO DESCRIPTIONS

OHS VC 0136

### **SAFETY IN THE CHEMISTRY LABORATORY**

42 min. Colour 1987

1/2" VHS

This video is based on the OSHA Hazard Communication Standard. This Standard was established to give safety awareness information in an effort to reduce the number of chemically-related injuries and illnesses. The program explains "Workers Right To know" regulations concerning methods of hazard communications including MSDS and labelling. In addition, lab safety measures are discussed. The handling of four classes of hazardous chemicals, the procedures to follow in the case of an accident or spill and the disposal of hazardous chemicals safely are also covered.

Produced By: Savant

OHS VC 0178

### **SAFETY IN THE WOODS - CHAIN SAW SAFETY**

21 min. Colour 1989

1/2" VHS

More than half of all logging accidents are due to careless chainsaw safety. This video illustrates how a positive attitude, proper chainsaw maintenance and safety procedures, can prevent many serious injuries.

Produced By: Alberta Forest Products Association

OHS 225

### **"SAFETY, ISN'T IT WORTH IT?"**

15 min. Colour 198?

16 mm Film

Jack Klugman narrates this safety film about safety procedures for working in a laboratory.

Produced By: Fisher Scientific Company

OHS VC 0059

**SAFETY MEETING SERIES: LIFTING, EYE PROTECTION AND HAND TOOL SAFETY**

15 min. Colour 1982

1/2" VHS

This video describes three aspects of safety precautions. The first is the proper way to lift to avoid back injuries. The second shows the necessity for eye protection, by explaining how fast steel slivers travel from a drill, and the consequences of chemicals or dust in the eye is presented. And finally, the need to use the right tools for the job to prevent injury.

Produced By: MTI Production

OHS VC 0058

**SAFETY ON THE JOB - ACCIDENT CAUSES AND PREVENTION**

17 min. Colour 1984

1/2" VHS

General film dealing with major problems in industry that cause accidents.

Produced By: Canadian Learning Company

OHS VC 0153

**SAFETY ON THE JOB: FORKLIFT OPERATION**

19 min. Colour 1988

1/2" VHS

Forklift accidents can cause extensive property damage, lost productivity and worst of all - injury or loss of life. Among the safety procedures covered in this program are: 1, performing a thorough precheck, 2, the correct procedures for stacking loads, carrying loads up and down a grade, and lowering loads and 3, handling emergency situations. In addition, the program teaches drivers how to keep their work environment safe. Drivers are responsible for their own safety, and they also need to make sure that other people are not at risk.

Produced By: Canadian Learning Company

OHS VC 0111

**SAFETY ON THE JOB; WORKING WITH MACHINERY**

17 min. Colour 1986

1/2" VHS

Hearing protection, eye protection and hand protection are discussed and illustrated. The importance of locking out electrical equipment is explained. This video stresses the importance of leaving all safety equipment and devices in place. Hazards involved with machinery are explained.

Produced By: Canadian Learning Company

## FILM/VIDEO DESCRIPTIONS

OHS VC 0079

### **SAVING SIGHT**

20 min. Colour 1987  
1/2" VHS

This video discusses proper eye protection. It shows various eye injuries and the causes and treatment of such accidents on the job.

Produced By: Summit Training Source

OHS VC 03

### **SAWMILLS - DOES SAFETY HAVE TO COST AN ARM AND A LEG?**

18 min. Colour 1978  
1/2" VHS  
3/4" U-Matic

A safety inspector takes viewers on a walk through a sawmill, pointing out potential danger areas, hazards, and what can be done to correct them.

Produced By: Alberta Labour. Occupational Health and Safety Division

OHS VC 0122

### **SCAFFOLDS**

16 min. Colour 1986  
1/2" VHS

This video is based on the tubular form sectional scaffold. The correct procedure for assembly is discussed. Several different types of scaffolds and safety procedures are also discussed.

Produced By: Construction Safety Association of Ontario

OHS 180

### **SEARCH FOR SAFETY: DOING JOB SAFETY ANALYSIS**

15 min. Colour 1981  
16 mm Film

Aimed at first line supervisors, this film examines the process of performing Job Safety Analysis (JSA). JSA is a technique successfully used by thousands of supervisors, involving breaking down the tasks of each job to assess the potentially dangerous and unproductive steps.

Produced By: International Tele-Film

OHS VC 0094

**SEE FOR YOURSELF**

15 min. Colour 1986  
1/2" VHS

Four major hazards to the eye and five major ways to prevent eye injuries are discussed. Medical emergencies and how to respond to them are also discussed.

Produced By: Educational Resources Inc.

OHS 157

**SHAKE HANDS WITH DANGER**

23 min. Colour 197?  
16 mm Film

This film dramatizes numerous hazards and injuries related to heavy equipment.

Produced By: Caterpillar Tractor Company

OHS VC 0060

**SHAPING UP : AVOIDING BACK INJURIES**

17 min.. Colour 1984  
1/2" VHS

Proper posture and lifting techniques can reduce back injuries. This film points out how proper back care can enhance home life and prevent injuries on the job.

Produced By: Educational Resources Inc.

OHS VC 0139

**SHIFTWORK: HOW TO COPE**

20 min. Colour 1987  
1/2" VHS

This video is designed to help employees solve and even prevent shiftwork related problems, so they can better adjust to their work schedules. The focus is on practical strategies for coping with the many stresses created by both fixed and rotating shift schedules. In addition, this videotape explains the underlying physiological causes of shift-related problems. Background information on the body's internal clock is presented along with an explanation of how our body's rhythms are affected by shiftwork.

Produced By: Matrices Consultants Inc.

## FILM/VIDEO DESCRIPTIONS

OHS 153

### **SIMPLE CHOICE (A)**

18 min. Colour 1985

16 mm Film

By changing workers' attitudes, towards rules and regulations, the number of job related accidents can be reduced. The film also discusses the consequences of acquiring poor working habits and ignoring safety rules.

Produced By: Tylie-Jones and Associates

OHS VC 0045

### **SITE ORIENTATION**

9 min. Colour 1985

1/2" VHS

Beta

3/4" U-Matic

This video demonstrates the benefits of a site orientation. The time required to search for tools or materials is reduced. A well laid out worksite also means a safe worksite.

Produced By: Alberta Construction Association

OHS VC 0177

### **SKID STEER SAFETY - OPERATION AND MAINTENANCE**

18 min. Colour 1983

1/2" VHS

This video illustrates the safe operation of skid steer loaders and how regular service and maintenance will help to keep the machine in safe reliable working condition.

Produced By: JI Case

OHS 90

### **SLAUGHTER THE BEAST - NOT THE MAN**

20 min. Colour 1974

16 mm Film

This Australian produced film covers the different safety aspects of the meat packing trade. A serious abdominal injury is caused by a knife, and the film focuses on the necessity of wearing protective clothing and the safe way of handling knives. The film also covers good housekeeping, machine guarding, proper first aid facilities and safety committees.

Produced By: Clopper Board Film Producers



OHS VC 0187

**SLIPS, TRIPS AND FALLS**

11 min. Colour 1988  
1/2" VHS

Slips, trips and falls cause most accidents and injuries in the workplace. This video presents an overview of common hazards, such as cords on floors, slippery surfaces, reaching too far, and taking short cuts. It emphasizes general good housekeeping practices.

Produced By: SafetyCare Inc.

OHS VC 0155

**SLIPS, TRIPS AND FALLS**

12 min. Colour 1989  
1/2" VHS

Falls are the second leading cause of accidental death in North America. The majority of these falls are from slips or trips at floor level. Most trips and falls can be prevented.

Produced By: Canadian Learning Company

OHS VC 0062

**SMOKING AGAINST YOUR WILL**

30 min. Colour 1985  
1/2" VHS

Second hand smoke has harmful effects on those who are subjected to it. This video looks at both the physical and mental effects.

Produced By: ACCESS Network

OHS VC 0089

**SO IT WON'T HAPPEN AGAIN**

15 min. Colour 1985  
1/2" VHS

This video describes the steps that an employer should take while investigating an accident.

Produced By: Labour Canada

## FILM/VIDEO DESCRIPTIONS

OHS VC 0195

### **SOLVING THE MYSTERY: STATIC ELECTRICITY**

13 min. Colour 1990

1/2" VHS

Static electricity is the silent, unassuming cause of a range of problems from annoying shocks to dangerous explosions. This video presents the potentially serious dangers posed by static electricity and shows methods of control.

Produced By: Coastal Communications

OHS VC 7030

### **SOMETHING IN THE AIR**

15 min. Colour 1983

1/2" VHS

This film deals with respiratory protection in the workplace. Descriptions of various types of respirators is given.

Produced By: Canadian Standards Association

OHS VC 0121

### **STANDARD OPERATING PROCEDURES**

15 min. Colour 1979

1/2" VHS

Standard operating procedures result in standard training methods for all employees which can help make the workplace safer.

Produced By: BNA Communications

OHS 1

and

OHS VC 0021

### **STRATA CONTROL AROUND MINE ENTRIES**

10 min. Colour 1980

1/2" VHS

3/4" U-Matic

16 mm Film

This training film illustrates how the stability of mining entries can be affected by ground conditions and mine entry design.

Produced By: Unknown

OHS VC 0024

**SUPERWELDER**

25 min. Colour 1979  
1/2" VHS

Welding and cutting are the major topics covered in this video. It stresses such things as proper clothing, personal protection equipment, and a clean and well ordered work area as well as maintaining an awareness of unusual situations that may occur.

Produced By: Unknown

OHS VC 0054

**SUPERVISING SAFETY - YOU MAKE THE DIFFERENCE**

19 min. Colour 1985  
1/2" VHS

This program discusses the factors that influence accidents. It provides techniques supervisors can use to change employee's behaviours to reduce the number of accidents.

Produced By: Industrial Training Systems Corporation

OHS 204

**SUPERVISOR'S SAFETY MEETING - A GUIDE FOR SAFETY ACCOUNTABILITY**

18 min. Colour 1983  
16 mm Film

This program stresses the importance of preparation for safety meetings. It also discusses the role of the meeting leader in resolving conflicts, how to encourage participation, and defining the responsibilities of the participants. These points are illustrated as the safety meeting progresses from planning and preparation to discussion and follow-up.

Produced By: BNA Film Production

OHS 101

**TAKE TIME TO BE SAFE**

10 min. Colour 1973  
16 mm Film

This film stresses the importance of "taking time" to prevent accidents, whether at home or on the job. It is designed to interest employees in taking time to report hazards, remove obstacles, lift properly, and wear protective clothing, in order to avoid an injury or accident.

Produced By: Swanson Productions

## FILM/VIDEO DESCRIPTIONS

OHS VC 0063

### **TAKING CARE: THE HAZARDS OF HEALTH CARE WORK**

17 min. Colour 1985  
1/2" VHS  
Beta

This video examines health risks in health care facilities. Some of the topics covered include contacting infectious diseases, working with radioactive equipment, slips and falls, and proper lifting procedures.

Produced By: Prairie Wool Communications

OHS 159

and  
OHS VC 0198

### **TALKING OF SAFETY**

25 min. Colour 197?  
1/2" VHS  
16 mm Film

This is a British film demonstrating a factory's safety committee in action. It also shows the contrast between a poor safety committee and a more effective one.

Produced By: Longman Training

OHS VC 0042

### **TAXI COMBINED SERVICE**

40 min. Colour 198?  
1/2" VHS  
Beta  
3/4" U-Matic

The video provides ways to protect yourself as a taxi driver. One of the ways drivers can help protect themselves is to be aware of details about their clients, so they can help police.

Produced By: New South Wales Police Department.  
Crime Prevention Division

OHS VC 0152

### **TAXI DRIVERS SAFETY PROGRAM**

30 min. Colour 1989  
1/2" VHS

This video is part of a training course for taxi drivers. The course deals with human management skills, knowledge and attitudes necessary for taxi drivers to deal confidently with difficult passengers and how to avoid life-threatening situations.

Produced By: RGC Consultants Ltd.

OHS VC 0053

**TESTING BUILDINGS FOR ASBESTOS HAZARDS**

70 min. Colour 1985  
1/2" VHS

This video employs demonstrations, on-site visuals, interviews with recognized authorities, visits to laboratories, and computer animations to familiarize the viewer with asbestos testing. It explains the principles and procedures for assessing and documenting asbestos hazards in buildings of every type - from single homes to industrial plants to mid-town skyscrapers.

Produced By: Source Finders Information Corporation

OHS 203

**THERE'S NO EXCUSE**

12 min. Colour 1984  
16 mm Film

This presentation is designed to convey the importance of understanding and always using safe operating procedures. It stresses that safe operating procedures are the basic defense against accidents, and illustrates how ignoring correct procedures can quickly lead to injuries.

Produced By: Allied Corporation

OHS 206

**THINKING THROUGH SAFETY**

13 min. Colour 1983  
16 mm Film

Designed for safety supervisors and managers, this film outlines the basic concepts of the job safety and health analysis: What it is, why it's needed, how it's used, and how to research, write and follow it through. Each of these steps is demonstrated by example. Steve, our intrepid reporter, hunts through the industrial jungle in search of the elusive safety beast, stressing the need for information and knowledge as a guide to analyzing jobs for hazards, and planning correct procedures.

Produced By: Allied Corporation



## FILM/VIDEO DESCRIPTIONS

OHS 104

### **THREE MINUTES TO LIVE**

30 min. Colour 1973  
16 mm Film

This is a dramatization of techniques used for the control of hydrogen sulphide. This industrial film features an intriguing plot in which "Death" is personified as a black-cloaked motorcyclist. "Hydrogen Sulfide" is cast as an invisible assassin who seeks to assist "Death" to eliminate victims on his fatality list.

Produced By: Filmwest Associates

OHS VC 0061

### **TIPS FOR NEW EMPLOYEES**

10 min. Colour 1984  
1/2" VHS

An introductory film on safety rules. Some topics covered are protective clothing, lock-out procedures, good housekeeping, and slips and falls.

Produced By: National Safety Council

OHS VC 0082

### **TO SEE ANOTHER DAY**

16 min. Colour 1985  
1/2" VHS

Offices can be dangerous places to work. This video shows the dangers that cause accidents in offices and how they can be avoided. Bad housekeeping, thoughtlessness, and not watching where you are walking are just some of the things that can cause office accidents.

Produced By: Millbank Films

OHS VC 9018

### **TO YOUR HEALTH - INTRODUCTION TO HEALTH HAZARD COMMUNICATION**

13 min. Colour 198?  
1/2" VHS

Primarily for industrial workers, this video examines potentially hazardous characteristics of chemicals. It defines toxicity, the long term effects of exposure to hazardous substances, and safe handling techniques.

Produced By: Industrial Training Systems Corporation

OHS VC 0048

**TOLUENE/XYLENE**

7 min. Colour 1984  
1/2" VHS

This video covers safety information that employees will need to know when working with toluene and xylene. Protective clothing, accidental spills, and proper ventilation are described.

Produced By: 3M Canada Inc.

OHS VC 0041

**TOWER RESCUE**

15 min. Colour 1984  
1/2" VHS  
Beta

This video establishes a tower rescue procedure for victims of electrocution or other injuries. It is an educational tool for electrical utilities and contractors.

Produced By: Tri-M Loss Control

OHS VC 0176

**TRENCHER SAFETY - OPERATION AND MAINTENANCE**

18 min. Colour 1983  
1/2" VHS

This video illustrates the safe operation of a trencher and how regular scheduled service and maintenance will keep the machine in safe and reliable working condition.

Produced By: JI Case

OHS VC 0016

**TRENCHING: A GRAVE AFFAIR**

14 min. Colour 1983  
1/2" VHS  
Beta  
3/4" U-Matic

This film describes first aid procedures as well as regulations for trenching. It stresses the point that supervisors must take responsibility for the safety of their workers.

Produced By: Oilfield Contractors Association

## FILM/VIDEO DESCRIPTIONS

OHS VC 0014

### **TWENTIETH CENTURY DISEASE**

60 min. Colour 1984

1/2" VHS

The "Twentieth Century Disease" refers to allergies, asthma and hay fever caused by or aggravated by exposure to dusts, chemicals, and other airborne substances in the environment.

Produced By: Canadian Broadcasting Corporation

OHS 211

### **28 GRAMS OF PREVENTION: SAFETY FOR TODAY'S LABORATORY**

20 min. Colour 1975

16 mm Film

Laboratories can either be the safest place to work or the most dangerous. This film points out some of the hazards that can be prevented by different safety practices. Labelling of chemicals, proper handling and storage, and ventilation are all topics covered in this film.

Produced By: Fisher Scientific Company

OHS VC 0126

### **TWO BREATHS TO...**

8 min. Colour 198?

1/2" VHS

This video discusses the hazards of working in an oxygen deficient atmosphere. The proper procedures for rescue and testing atmospheres is also discussed.

Distributed By: National AudioVisual Centre

OHS VC 008

### **TWO HANDS, TEN FINGERS**

10 min. Colour 1984

1/2" VHS

Hand lacerations, crushed or broken fingers, and sprains account for a high number of lost time accidents. This program may be used to train and motivate your employees to use tools correctly and to exercise care in materials handling and plant operations.

Produced By: Industrial Training Systems Corporation

OHS 172  
and  
OHS VC 0172

**UNDERSTANDING STRESSES AND STRAINS**

13 min. Colour 197?  
1/2" VHS  
16 mm Film

A humorous look at problems contributing to stress in the work environment and ways in which these problems can be dealt with effectively.

Produced By: Walt Disney Productions

OHS VC 0109

**UNDERSTANDING THE WORKING BACK**

20 min. Colour 1987  
1/2" VHS

Using a direct and personal approach, "Understanding the Working Back" provides the viewer with a clear and concise picture of the human back. The film is about back injury prevention and back injury control.

Produced By: Filmwest Associates

OHS VC 0114

**VENTILATION**

12 min. Colour 1987  
1/2" VHS

This video gives a basic understanding of ventilation issues in the workplace. Some of the topics covered are: what ventilation is, how to recognize the effectiveness of a ventilation system, the importance of maintenance and recognition of some basic design principles of ventilation.

Produced By: Industrial Accident Prevention Association of Ontario

OHS VC 0196

**THE VIDEO DISPLAY TERMINAL AND YOU**

16 min. Colour 1988  
1/2" VHS

When most people think of health hazards, they don't think of video display terminals. Yet many people who work on video display terminals experience headaches, back pain, and even serious eye problems. This program tells you how to maximize your comfort while using the computer terminal. It also shows how with a little care almost all problems with VDT's can be prevented.

Produced by: Coastal Communications



## FILM/VIDEO DESCRIPTIONS

OHS 198

### **VIDEO DISPLAY TERMINALS...THE HUMAN FACTOR**

15 min. Colour 1981

16 mm Film

This presentation for employers emphasizes the physical and psychological needs of VDT operators. It discusses NIOSH and FDA test findings, as well as the employer's role in improving and maintaining safe VDT work areas.

Produced By: National Safety Council

OHS VC 0130

### **W.H.M.I.S.**

30 min. Colour 1987

1/2" VHS

This video describes what Workplace Hazardous Materials Information System (WHMIS) is, how it came about and why it was legislated into the Hazardous Products Act. A description of the information that should be on a Material Safety Data Sheet (MSDS) is given.

Produced By: Labour Canada

OHS VC 0135

### **W.H.M.I.S. LABELLING: READ THE LABEL...IT'S THE LAW**

15 min. Colour 1988

1/2" VHS

This training program is designed to inform employees about the system of cautionary labels required for all hazardous materials in the workplace. The program discusses what information must be disclosed on required Workplace Hazardous Materials Information System labels, the purpose and significance of this information, and why reading labels is required by law.

Produced By: Industrial Training Systems Corporation

OHS VC 0142

### **W.H.M.I.S. - WORKING FOR YOU**

20 min. Colour 1989

1/2" VHS

This video is an introduction to what Workplace Hazardous Materials Information System is and why it was implemented. It also discusses the use of labels and explains what information can be found on a Material Safety Data Sheet.

Produced By: Alberta Occupational Health and Safety



OHS VC 0072

**WELDING HAZARDS**

Colour 1986

1/2" VHS

Welding hazards is a series of five video tapes to acquaint workers with the hazards of welding and the precautions which should be taken during this activity. Burns, hearing loss, and eye damage are just a few of the injuries that can occur. These and other hazards are preventable when proper safety procedures are followed and protective equipment is used.

**Program #1 Welding Hazards**

11 min.

Overview of ten hazards, creating an awareness of the potential dangers.

**Program #2 Welding Safety**

11 min.

Identifies and demonstrates the protective measures and equipment welders must use.

**Program #3 Fires and Explosions**

11 min.

**Program #4 Fumes and Gases**

15 min.

**Program #5 Containers and Confined Spaces**

11 min.

The last three programs highlight the given hazard in greater detail.

A student booklet accompanies the series

Produced By: Northern Alberta Institute of Technology

OHS 171

**WHAT'S IT GOING TO COST YOU**

10 min. Colour 198?

16 mm Film

A high impact film designed to motivate construction workers into making "check before you dig", a basic function of every job. This film has enough humour to be interesting and enough truth to drive the point home.

Produced By: Viking Films

## FILM/VIDEO DESCRIPTIONS

OHS VC 001

### **WHITE RAT DEMONSTRATION - H2S**

15 min. Colour 1982?

1/2" VHS

This is a basic demonstration of the hazards and effects of the killer hydrogen sulphide on a rat.

Produced By: Alberta Occupational Health and Safety

OHS VC 0180

### **WINNING LABEL**

8 min. Colour 1990

1/2" VHS

"The Winning Label" Workplace Hazardous Materials Information Systems safety training package has been developed to assist companies in providing federally legislated Workplace Hazardous Materials Information Systems education to employees who speak English as a second language or individuals with low literacy skills. The video takes a "safety-can-be-fun" approach to Workplace Hazardous Materials Information Systems education. The video presents a light-hearted animated story of two factory workers who compete for a medal by performing a variety of tasks in their workplace.

Produced By: Alberta Vocational Centre

OHS VC 0146

### **WITH SAFETY EVERYBODY WINS**

15 min. Colour 1988

1/2" VHS

This training program is designed to promote safety and health on the job by encouraging employees to follow safe operating procedures, policies and rules. The six components of a safety and health program are explained.

Produced By: Industrial Training Systems Corporation

OHS VC 0189

**WORKERS AT RISK**

15 min. Colour 1983  
1/2" VHS

This series of 6 videos examines the personal attitudes and actions of workers and their effect on work related accidents. Health and safety is presented as a variable within the worker's control and the legal and moral responsibilities and rights of membership in the workplace are discussed. Clear illustrations and non-technical language help the viewer to identify how he/she may be creating or fostering possible hazards. The realistic characters and situations portrayed in "Workers at Risk" will entertain audiences, as well as promote expanded perceptions of the worker's role in preventing and controlling on-the-job risks. The intended audience would be 17 - 25 year old industrial workers.

Produced By: ACCESS Network

OHS 137

**WORKING BACK (THE)**

3 Parts Colour  
16 mm Film

These three films on back care are designed to give workers an awareness of their own responsibility for maintaining a strong, healthy back. They emphasize the importance of developing the abdominal musculature and the use of the pelvic tilt.

**Working Back (The) - Part I**

16 min. Colour 1979

Joe, a factory worker with back problems, is taught basic rules in back care with the help of professionals. The physiotherapist explains how the back functions. He lists certain situations that can lead to injury or back problems and tells how they can be avoided by maintaining back strength and fitness.

**Working Back (The) - Part II**

11 min. Colour 1980

Joe learns safe lifting and manual handling techniques. An important aspect of lifting is introduced: back fitness and back strength. These basic back care principles apply in everyday situations, whether at work, at home or at play to help you keep a healthy back and prevent injury.

## FILM/VIDEO DESCRIPTIONS

### **Working Back (The) - Part IV - Stress Exercises**

15 min. Colour 1987

This film discusses the importance of good posture in an electronic office environment. It stresses the importance of exercise after sitting for long periods of time. Simple stretch relaxation exercises which keep the back muscles lengthened and therefore working better are recommended. These simple exercises can be done anytime/place to ease muscle stress that develops in a low motion environment.

Produced By: Back Care Centre

OHS VC 9022

### **WORKING WITH ISOCYANATES**

14 min. Colour 1984

1/2" VHS

This video answers the questions of how to handle isocyanates in a safe manner.

Produced By: 3M Canada Inc.

OHS VC 0197

### **WORKPLACE SAFETY: EVERYBODY'S BUSINESS**

23 min. Colour 1990

1/2" VHS

This video is ideal for both new employee orientation and as a refresher for veteran employees. It will give employees a general overview of safety responsibilities, while providing them with specific training in certain areas.

Produced By: Coastal Communications

OHS 129

### **YOU AND OFFICE SAFETY**

7 min. Colour 1967

16 mm Film

This humorous film is effective in depicting the various causes of accidents in the office.

Produced By: Xerox Films



OHS 215

**YOU BET YOUR EYES**

15 min. Colour 1974  
16 mm Film

The setting of this film is a Gambling Casino where the narrator observes the odds for and against losing his sight. By using protective eyewear around machinery, chemicals, welding flashes and other hazardous areas the narrator realizes he can have the odds in his favour.

Produced By: American Optical Association

OHS VC 0192

**YOUR BACK AT WORK**

18 min. Colour 1990  
1/2" VHS

Back injuries are perennially Canada's number one workplace safety problem. This video shows workers how to protect their backs both at home and on the job and emphasizes exercises that can help prevent back injuries. "Your Back at Work" identifies lifting as the source of most back pain and injuries, and demonstrates proper methods of lifting.

Produced By: Coastal Communications

OHS 130

**YOUR HOUSE IN ORDER**

20 min. Colour 1977  
16 mm Film

Industrial housekeeping is a neglected aspect of safety, which may result in lost time, property damage and injury. This film, aimed at all levels, including management, places the responsibility for housekeeping on everyone involved.

Produced By: Millbank Films









